

GREEN YOUR LIFE

*tips for living more
sustainably*

BRING YOUR OWN



Use a reusable water bottle and reusable mug for your coffee/tea. Many places even offer a discount for bringing your own mug!

USE ALTERNATE TRANSPORT



Instead of driving, see if there are ways to walk, bike, or take public transit to your destination. If not, consider carpooling/using a rideshare service.

SHOP LOCALLY



Buy fresh produce and baked goods from local farmers markets. Buy used clothes at thrift shops. Local shopping cuts down on transport emissions and reusing is always better than buying new!

REDUCE CONSUMPTION



Think twice before you buy that thing that you think you absolutely need. Reduce food waste by checking expiration dates and not putting more on your plate than you can eat.