

BIKE SAFE, BIKE SMART

Tips for biking in the greater Boston area



GEAR UP



Always wear a helmet. Make sure your bike has both front and back lights so you stay visible in traffic.



REGISTER YOUR BIKE

Registering your bike can help the Tufts police identify it if it is stolen. Learn more about theft prevention and [how to register](#).

RIDE SAFELY



Cyclists must follow the same road rules as vehicles. Learn The League of American Bicyclists' [Rules of the Road](#). When in doubt, ride defesively!



PLAN AHEAD

Use resources like Google Maps and [Ride the City](#) to plan routes ahead of time that include bike paths and roads with bike lanes.

LOCK UP



U-locks are the best way to protect your bike from theft. Pass the lock through your bike's frame and try to secure the wheels too.



USE CAUTION

If you ever feel uncomfortable while cycling at night, TUPD has a program to help you arrive safely at your destination. Learn more about [SafeRide](#).