

Sustainable Food

Greening Tufts one bite at a time

Learn about Tufts Dining's sustainability efforts. From composting food waste to purchasing local, organic, and fair trade foods; to repurposing and donating leftover food and hosting zero-waste events—Tufts Dining is committed to sustainable, socially responsible food that's healthy and tastes great. Visit dining.tufts.edu/sustainability to learn more.

Sign up for a farm share. The New Entry Food Hub CSA is a program of the New Entry Sustainable Farming Project, an initiative of Tufts University's Friedman School of Nutrition Science and Policy and additional partners. Get a 10 or 20 week share of fresh and local produce and pick it up on the Medford or Boston Health Sciences Campus! Visit go.tufts.edu/CSA for more info.

Shop at farmers' markets. There are several farmers' markets close to Tufts. They are typically open from Memorial Day through Thanksgiving. Visit go.tufts.edu/farmersmarkets for information about farmers' markets near Tufts' campuses.

Do you host events on campus where there is often leftover food?

By signing up for the FreeFoodAtTufts elist, you can share information about free food on campus in order to help people access free, fresh food. Visit go.tufts.edu/sustainablefood



Waste: What Goes Where?

Mixed Recycling Bins

Recyclable paper, cardboard, plastic, metal, and glass items should be placed in the mixed recycling bin.

- Office paper (with or without staples), magazines, envelopes, catalogs, phone books
- All cardboard boxes (broken down)
- Clean paper bags
- Paperboard boxes and frozen food boxes
- Pizza boxes without cheese or greasy paper inside
- Clean hard plastic containers like yogurt cups, plastic bottles, and takeout containers
- Empty clear plastic cups (no lids or straws)
- Soda cans and tin cans
- Aluminum foil (cleaned)
- Empty aluminum takeout containers
- Glass jars and bottles

For a comprehensive list of items, visit go.tufts.edu/recycle.

DON'T put Liquids, Food, Plastic Bags, or Bioplastics in Recycling. Rinse dirty containers before recycling.

Public Compost Bins

- Fruit & vegetable cores and peels
- Eggshells
- Paper coffee filters & grounds, paper tea bags
- Napkins & paper towels
- Greasy pizza boxes, paper bags, & other paper or cardboard items with food waste
- BPI certified compostable products

For comprehensive info, visit go.tufts.edu/compost.

NO meat, bones, dairy or produce stickers



Commuter Benefits

For the most up to date info on the transportation options below, visit go.tufts.edu/greentravel.

For Everyone

miles2share: The Tufts miles2share network connects riders and drivers on all four campuses. People with overlapping routes are connected, enabling them to ride share to and from campus, meetings, daily commutes, and more. Download the app and sign-up with your Tufts email address. Then plug in your routes and connect with other carpoolers in the app.

Bay State Commute: Whether you walk, bike, telecommute, take the subway, train, bus or ferry to avoid using a car, you can earn points to redeem for discounts or freebies at local and online establishments. Learn more at baystatecommute.com/tufts.

For Employees

Emergency Ride Home (ERH): Tufts ERH program supports employees who use low-carbon transportation with a free ride if an unexpected emergency arises. Medford and Grafton employees can take a Lyft in the event of an emergency and submit a reimbursement request to Tufts afterwards.

Priority Carpool & Vanpool Parking: Employees on the Medford campus can split a carpool parking permit with coworkers. Each carpool hangtag allows parking in Dowling carpool spaces and comes with a limited number of passes for days when members are unable to carpool. More info at publicsafety.tufts.edu/adminsvc/parking-permits-for-carpoolers.

Lyft for Business: New business users on the app can save \$15 in their first 30 days. Create a Lyft profile, select 'Business' & enter your work email & Tufts corporate credit card. More info at <https://www.lyft.com/invite/lyfttuftscredit>

Car and Bike Share Programs

Check out go.tufts.edu/greentravel for all the latest sustainable transportation information.

Zipcar

Zipcar is a carsharing service that offers 24/7 access to vehicles parked right here on campus. Tufts students (ages 18+) can join Zipcar for \$15, and employees can join for \$35. Visit zipcar.com/tufts to sign up.



Turo

Turo is a neighbor-to-neighbor carsharing company that connects people who need cars with vehicle owners whose rides would otherwise sit unused. Learn more at Turo.com. Travelers must be at least 21 years of age to be eligible for a Turo membership.



Tufts Bikes

Tufts Bikes is a student-run bike share program. Bikes, helmets, and locks can be checked out from Tisch Library for free. Visit tuftsbikes.com for more information. If you are interested in more information about biking on campus, check out our Bike Guide at go.tufts.edu/bikemap.



Blue Bikes

Blue Bikes, Metro Boston's bicycle sharing system, has over 3,000 bicycles and 300 stations throughout the Boston area. Single trip, 2 hour trips, monthly, and annual passes available. For usage, safety and pricing info, see bluebikes.com.



Campus Shuttles



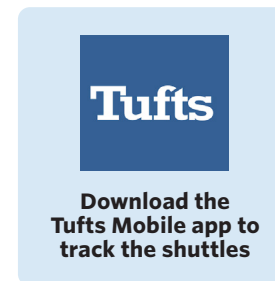
The campus shuttles are free and can be used by anyone (you do not need a Tufts ID to get on the shuttle). The shuttles run on weekdays and some weekend days, depending on the shuttle route. Note that the shuttles do not run during the summer or holiday breaks.

Davis Square Shuttle Stops

- Davis Square (brick plaza area in front of JP Licks)
- Tufts Administration Building at 169 Holland St.
- Mayer Campus Center - Professors Row
- Mayer Campus Center - Talbot Ave.
- Carmichael Patio
- Olin Center

School of the Museum of Fine Arts Shuttle Stops

- Tufts Aidekman Arts Center
- School of the Museum of Fine Arts



Visit go.tufts.edu/shuttle for shuttle schedules and more information.

The MBTA

Take public transportation.

The MBTA is a great way to get to and from the Medford campus, downtown Boston and other places in the greater Boston area. Visit mbta.com for more info. Plan your route online through MBTA's "Trip Planner" or with mobile apps like Transit or NextBus.



Subway to Tufts Medford campus

Take the Red Line to Davis Station. The campus is a 15-minute walk from the T stop or accessible by the Davis Square Shuttle or by the 94 and 96 bus routes.

Bus to Tufts

The following buses go by Tufts:
#80 Arlington to Lechmere Station
#94 Medford Square to Davis Square via West Medford
#96 Medford Square to Harvard Square via Porter & Davis Square

***All buses stop at:**
College Ave/Powder House Sq
College Ave & Professors Row
College Ave & Boston Ave
Boston Ave & Tufts Garage (Dowling Hall)
Boston Ave & Fairmount St
Boston Ave & Winthrop St

MBTA Discounts

The Commuter Benefit Program allows eligible faculty and staff to set aside funds for public transportation on a pre-tax and post-tax basis. Employees on all campuses receive a commuter subsidy amount of 35%, up to a maximum of \$40 per employee per month.

GO Buses gobuses.com

GO Buses has regular routes from Boston to places like midtown Manhattan and Providence. Tufts students, staff, and faculty get a 12% discount on GO Bus trips by using discount code "tufts12".

Sustainability at Tufts

Tufts plays a crucial role in helping the world adapt to a changing planet while tackling such challenging issues as climate change and resource depletion. Our goal is to be responsible stewards of the physical environment by cultivating knowledge of sustainability issues and sustainable solutions across disciplines in our students, staff, and faculty.

Get Involved

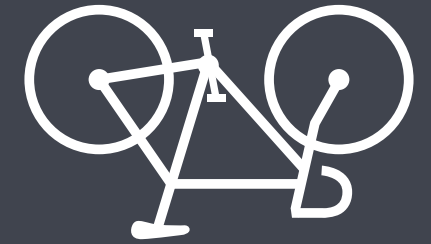
Sustainability at Tufts is a collective effort spanning departments, offices, and our campuses in Boston, Grafton, and Medford/Somerville. If you're interested in getting involved with campus sustainability, please contact the Tufts Office of Sustainability at sustainabilityoffice@tufts.edu or **617-627-3191**.

Office of Sustainability

The Office of Sustainability acts as a resource, catalyst and advocate for environmental sustainability at Tufts and often serves as a bridge between ideas and their practical implementation. The Office of Sustainability is located on the second floor of Barnum Hall, offices 205-209 (as of July 2019). Do not hesitate to stop by, whether you're interested in general campus sustainability, a research project, or just want to say hello. Visit sustainability.tufts.edu or read our blog at sites.tufts.edu/tuftsgetsgreen.

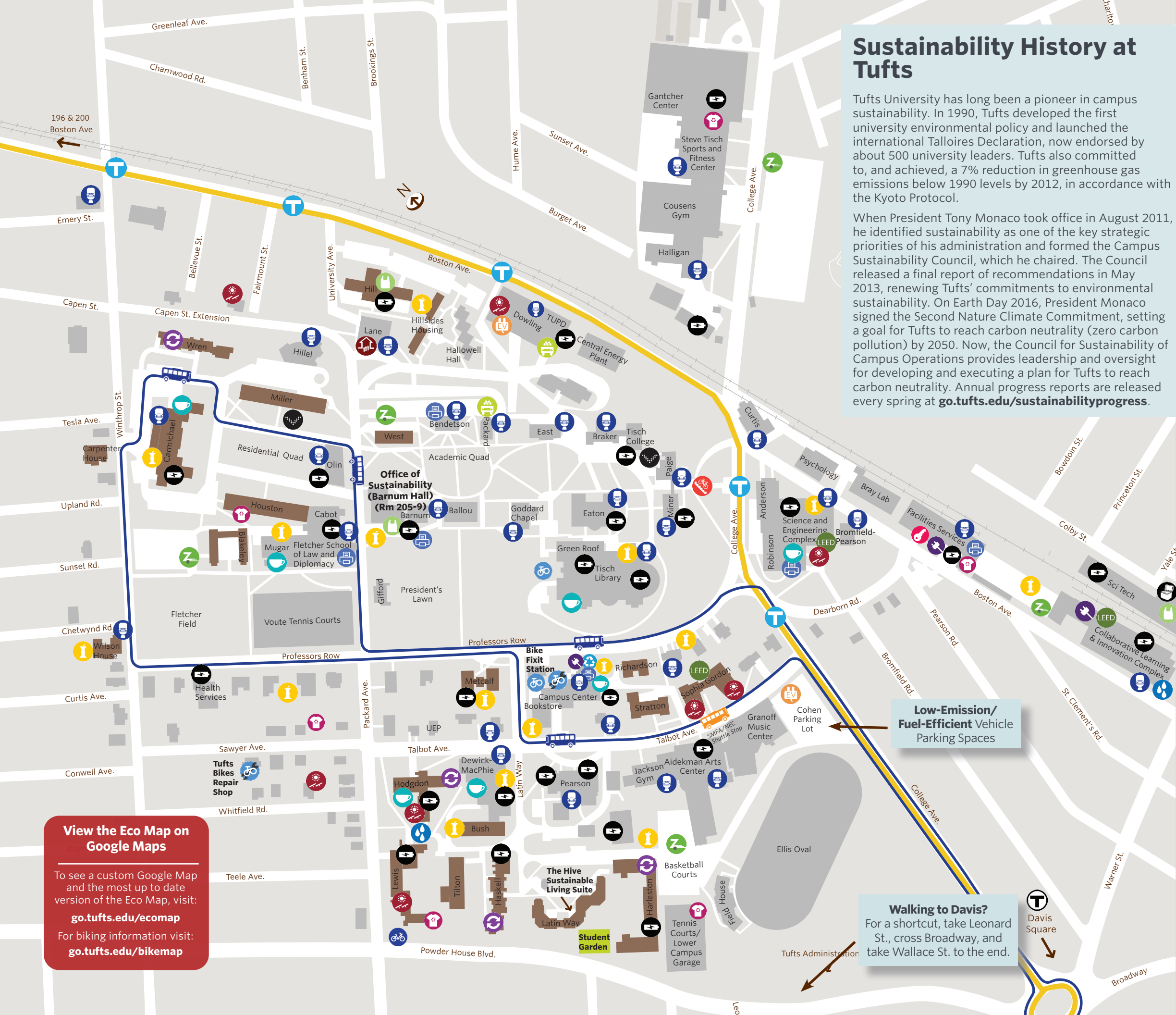
Social Media

/greenttufts @greenttufts @greenttufts



Medford/Somerville Campus
Employee Guide
sustainability.tufts.edu

Eco Map



Sustainability History at Tufts

Tufts University has long been a pioneer in campus sustainability. In 1990, Tufts developed the first university environmental policy and launched the international Talloires Declaration, now endorsed by about 500 university leaders. Tufts also committed to, and achieved, a 7% reduction in greenhouse gas emissions below 1990 levels by 2012, in accordance with the Kyoto Protocol.

When President Tony Monaco took office in August 2011, he identified sustainability as one of the key strategic priorities of his administration and formed the Campus Sustainability Council, which he chaired. The Council released a final report of recommendations in May 2013, renewing Tufts' commitments to environmental sustainability. On Earth Day 2016, President Monaco signed the Second Nature Climate Commitment, setting a goal for Tufts to reach carbon neutrality (zero carbon pollution) by 2050. Now, the Council for Sustainability of Campus Operations provides leadership and oversight for developing and executing a plan for Tufts to reach carbon neutrality. Annual progress reports are released every spring at go.tufts.edu/sustainabilityprogress.

Eco Map Legend

Compost & Specialty Recycling

- Battery Recycling:** These bins only accept select batteries go.tufts.edu/specialtyrecycling
- Compost:** No meat or dairy. go.tufts.edu/compost
- E-Waste Recycling:** These bins accept small devices or items with electrical cords. go.tufts.edu/specialtyrecycling
- Ink and Toner Recycling:** These bins accept used ink and toner cartridges. go.tufts.edu/specialtyrecycling
- Key Recycling:** Tufts Facilities building has a collection for keys
- Plastic Bag & Film Recycling:** We take clean, dry plastic bags and film. More info at go.tufts.edu/specialtyrecycling
- Residence Hall Freecycle Station**
- Styrofoam Recycling:** Only accepts large pieces of white Styrofoam and Styrofoam ice packs.
- Textile Recycling:** Accepts clothing, sheets, towels, shoes & more, in any condition. go.tufts.edu/textilerecycling

Sustainability Landmarks

- All Gender Restrooms**
- Fair Trade Coffee Available**
- Geothermal Heat Pump:** Transfers heat from the ground to the building
- LEED Building:** Leadership in Energy & Environmental Design
- Permeable Pavement:** Water can drain directly through pavement, preventing runoff/floods
- Rain Garden:** Filters rain water and prevents runoff/floods
- Residence Hall with Eco-Rep presence:** go.tufts.edu/ecoreps
- Solar Panels**

Sustainable Transport

- Blue Bikes:** Become a member at bluebikes.com
- Davis Square Shuttle Stop & Route:** View and live track all shuttle options at go.tufts.edu/shuttle
- Electric Vehicle Charging Station**
- MBTA Bus Stop & Route:** Buses 80, 94, and 96 all stop at Tufts. View routes & schedules at mbta.com
- Memorial Stairs Bike Groove:** Roll your bike up the stairs
- Priority Carpool Parking**
- SMFA/NEC Shuttle Stop:** View full schedule at go.tufts.edu/smfashuttle
- Tufts Bikes Bikeshare Program:** Check out bikes for free through Tisch Library. Learn more at tuftsbikes.com
- Zipcar:** Register at zipcar.com/tufts

View the Eco Map on Google Maps

To see a custom Google Map and the most up to date version of the Eco Map, visit: go.tufts.edu/ecomap
For biking information visit: go.tufts.edu/bikemap

**Low-Emission/
Fuel-Efficient Vehicle
Parking Spaces**

Walking to Davis?
For a shortcut, take Leonard St., cross Broadway, and take Wallace St. to the end.