

## Cycling Basics

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### Ride safely and follow the law

Cyclists must follow the same road rules as vehicles. Learn The League of American Bicyclists' Rules of the Road at [bikeleague.org/ridesmart](http://bikeleague.org/ridesmart)

### Secure your bike

Always secure your bike with a U-lock, and be sure to pass the lock through your bike's frame. In addition, registering your bike with the Tufts Police can help to identify it if it is stolen. Learn more about bicycle theft prevention and how to register at [go.tufts.edu/bikeregistration](http://go.tufts.edu/bikeregistration)

### Learn about SafeRide

If you ever feel uncomfortable while cycling at night, you can park your bike and contact the Tufts University Police Department to get a SafeRide home.

### Bring your bike while traveling

Bicycles can be carried on to MBTA Commuter Rail trains on weekdays, except during peak periods, and on the weekends. There are also bike racks located on the Worcester Regional Transit Authority buses that service the Grafton campus.

### Explore the community

The Grafton Land Trust's large properties have networks of trails that are fun to ride on mountain bikes. The Lambert Property (29 Wesson Street) is just a 4-minute bike ride from campus. Learn more at [graftonland.org](http://graftonland.org)

## Get rewards

### NuRide

NuRide is a free online tool offered by MassRIDES that provides coupons and discounts from local and national retailers to sustainable commuters. Make sure to log your bike miles! Get started at [nuride.com/tufts](http://nuride.com/tufts)

### Bicycle Benefits

Get discounts at local retailers just for riding your bike. Visit [bicyclebenefits.org](http://bicyclebenefits.org)

## Additional Information

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### SafeRide

All Cummings School students, faculty, and staff are encouraged to utilize the Tufts SafeRide service. If you ever feel unsafe while traveling to your destination, you can contact the Tufts University Police Department for a free walking escort or car ride home.

The service is available twenty-four hours a day, seven days a week. In addition to campus-wide escorts, campus police will also extend these services to and from the Grafton Commuter Rail station. For service, please contact the Grafton Campus Police at **(508) 887-4900**.

### Telecommuting Policy

Eligible employees in certain positions may telecommute with prior approval: [go.tufts.edu/telecommuting](http://go.tufts.edu/telecommuting)

### A university-wide commitment to sustainability:

Sustainability at Tufts is a collective effort spanning departments, offices, and all Tufts campuses: SMFA, Boston, Grafton, and Medford/Somerville. If you're interested in learning more about sustainability at the university, please contact the Office of Sustainability at **(617) 627-3191** or [sustainabilityoffice@tufts.edu](mailto:sustainabilityoffice@tufts.edu) to be put in touch with the right people. Learn more at [sustainability.tufts.edu](http://sustainability.tufts.edu)

### Stay Connected

✉ Newsletter: [bit.ly/greentuftnews](http://bit.ly/greentuftnews)

📘 [facebook.com/greenttufts](https://facebook.com/greenttufts)

🐦 [twitter.com/greenttufts](https://twitter.com/greenttufts)

📷 [instagram.com/greenttufts](https://instagram.com/greenttufts)

# Sustainable Commuting

## Grafton Campus



**Tufts**  
UNIVERSITY

sustainability  
Supporting a university-wide commitment

# Car/Ride Sharing Programs

## Turo

Turo is a neighbor-to-neighbor **carsharing company** connecting people who need a car with vehicle owners whose rides would otherwise sit unused. Pricing is based on the type of vehicle. You can even make money by listing your personal car. Borrowers under 25 must demonstrate 2 years of current driving history in the U.S. or Canada. Learn more at [turo.com](http://turo.com)



## MassRIDES Programs

MassRIDES is an initiative of the Massachusetts Department of Transportation (MassDOT) designed to help reduce traffic congestion and improve air quality.



## Carpool/Vanpool Matching

MassRIDES offers **trip matching services** for local carpools and vanpools through NuRide. Share the ride to work with a friend or coworker and save on gas and parking. Carpooling also lowers stress, reduces your carbon footprint, and saves time when you use the high-occupancy vehicle lane.

## NuRide

**Get rewarded** for taking greener trips with NuRide whenever you avoid using a car (walk, bike, telecommute, carpool, vanpool, take a subway, train, bus, ferry, or even work a condensed work week). Redeem the points for discounts or at local and online establishments at [nuride.com/tufts](http://nuride.com/tufts)



## Emergency Ride Home

If you carpool, bike, walk or use public transit to get to work or school at least 2 times per week, sign up for the MassRIDES Emergency Ride Home program. If an emergency arises, **you are guaranteed a ride home for free**, up to 4 times per year. Learn more and register at [commute.com/sign\\_up](http://commute.com/sign_up)



# Take Public Transportation

## Commuter Rail

Tufts' Grafton campus is less than a 10-minute walk from the Grafton Station on the MBTA Framingham/Worcester Commuter Rail Line, which runs between **South Station** in downtown Boston, and Worcester. From the **Grafton Commuter Rail Station**, exit the parking lot and take a right onto Pine Street and a left onto Route 30 (Westboro Road). The Cummings School is just up the road.



## Connections to the Boston Campus

Take the Commuter Rail to **South Station** or **Back Bay**. Tufts' Boston Campus is about a 12 minute walk from South Station or a 20 minute walk from Back Bay.

## Connections to the Medford Campus

From **South Station** on the MBTA Red Line, you can access **Logan Airport** (via the Silver Line SL1 bus), the **Medford campus** (via the Red Line to Davis Square), and many other destinations.

## Commuter Rail mTicket App

The mTicket app allows you to view system maps and train schedules and can even be used on the commuter ferry. Here's how to use it:

1. Download the **MBTA mTicket app** (available on Android and iOS) to purchase tickets on your phone.
2. Select your origin and destination.
3. Use your credit card to purchase a ticket.
4. Activate your ticket before you board - your phone serves as your ticket.



## Transit Tip:

Use a Charlie Card on the MBTA & WRTA to avoid a surcharge for paper tickets. Learn more at [mbta.com](http://mbta.com)

## MBTA Discounts

### Students

Students can purchase an MBTA Semester Pass at an **11% discount**. Please contact the Grafton Bursar's Office for specific fall and spring semester pass prices. Fall passes should be requested by the beginning of August, and spring passes should be requested by the beginning of December. The **Bursar's Office** is located in the Central Administration Building at 200 Westboro Road, and can also be reached at (508) 887-4932.



### Faculty & Staff

Faculty and Staff can use **pre-tax funds** to pay for transit passes and tickets. To learn more, visit [go.tufts.edu/commuterbenefits](http://go.tufts.edu/commuterbenefits)

Visit [mbta.com](http://mbta.com) for schedules, maps, and a trip planner.

## Worcester Bus System

The **Worcester Regional Transit Authority (WRTA)** is a bus system



that alleviates the challenges of traveling around Tufts. Bike racks are available on the WRTA buses. **Bus Route B** stops at the Grafton commuter rail station and makes stops at Stop & Shop, Shaw's & Ocean State Job Lot, Walmart, Cumberland Farms, and Grafton Town Common. Many WRTA buses depart from the **Union Station hub** where the Commuter Rail makes its final stop in Worcester and they travel to malls, movie theaters, and shopping plazas all over the region.

### Bus Fares

A single WRTA fare costs **\$1.75** in cash, or **\$1.55** with an MBTA Charlie Card.



### Bus Tracking

The full bus schedule is available at [therta.com](http://therta.com), and you can track individual buses at [bustracker.therta.com](http://bustracker.therta.com)