

Sustainable Food

Greening Tufts one bite at a time

**Learn about Tufts Dining’s sustainability efforts.** From composting food waste to purchasing local, organic, and fair trade foods; to repurposing and donating leftover food and hosting zero-waste events—Tufts Dining is committed to sustainable, socially responsible food that’s healthy and tastes great. Visit [dining.tufts.edu/sustainability](https://dining.tufts.edu/sustainability) to learn more.



**Sign up for a farm share.** The Tufts Latino Center (226 College Ave. - Medford) is a drop-off site for produce grown by local farms through Community Supported Agriculture (CSA) programs. Shares from the New Entry Food Hub are delivered weekly in the summer and fall seasons. Learn more at [go.tufts.edu/CSA](https://go.tufts.edu/CSA).



**Shop at farmers’ markets.** There are several farmers’ markets close to Tufts. They are typically open from Memorial Day through Thanksgiving. Visit [go.tufts.edu/farmersmarkets](https://go.tufts.edu/farmersmarkets) for information about farmers’ markets near Tufts’ campuses.

**Tufts Dining holds a farmers’ market on Wednesdays from 11:30am-1:30pm in September and October on the Lower Patio of the Mayer Campus Center.**

**Produce is provided by the New Entry Sustainable Farming Project, a program of the Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy.**

Waste: What Goes Where?

Mixed Recycling Bins



Recyclable paper, cardboard, plastic, metal, and glass items should be placed in the mixed recycling bin.

- Office paper (with or without staples), magazines, envelopes, catalogs, phone books
  - Clean paper cups, paper bags, paper plates, empty coffee cups with the plastic lid
  - Asceptic containers
  - All cardboard boxes (broken down)
- Paperboard boxes and frozen food boxes
  - Juice & milk cartons
  - Non-greasy pizza box tops
  - Clean rigid plastic containers such as yogurt cups, plastic bottles, and takeout containers
  - Metal cans, aluminum foil, empty to-go containers
  - Glass jars and bottles

For a comprehensive list of items, visit [go.tufts.edu/recycle](https://go.tufts.edu/recycle).

**NO Liquids, NO Food, NO Plastic Bags, NO Bioplastics**  
**Please rinse dirty containers before recycling**

Public Compost Bins

- Fruit & vegetable scraps
- Eggshells
- Coffee grounds & tea bags
- Napkins & paper towels
- BPI certified compostable products



**NO meat, bones, or dairy**

Commuter Benefits

For Everyone

**Bay State Commute:** Whenever you avoid using a car - whether you walk, bike, telecommute, carpool, take the subway, train, bus, ferry, or even work a compressed work week - you can earn points that you can later redeem for discounts or freebies at local and online establishments. Bay State Commute also offers a ride matching program to help commuters quickly and securely find carpool partners. Learn more at [baystatecommute.com/tufts](https://baystatecommute.com/tufts).

For Employees

**Emergency Ride Home:** MassRIDES provides an emergency ride home service. If an emergency arises, you are guaranteed a ride home for free (limit: 4 rides/year). If you carpool, bike, walk, or use public transit to get to work, register online at [commute.com/erh](https://commute.com/erh).

**Priority Carpool & Vanpool Parking:** Carpool parking permits are available for employees who want to split the cost of a parking permit on the Tufts Medford campus with their coworkers. Each carpool hangtag allows parking in priority carpool spaces in Dowling. Each hangtag comes with a limited number of passes for those days when members are not able to carpool. More information is available at [publicsafety.tufts.edu/adminsvc/parking-permits-for-carpoolers](https://publicsafety.tufts.edu/adminsvc/parking-permits-for-carpoolers).

**Lyft for Business:** New business users on the app, Lyft, are eligible to save \$15 off Lyft in their first 30 days. Simply create a Lyft profile, select ‘Business’ and enter your work email and Tufts corporate credit card (or preferred payment method). Employees may want to use Lyft occasionally to travel between campuses, to the airport or to places without good public transit.

Car and Bike Share Programs

Check out [go.tufts.edu/greentravel](https://go.tufts.edu/greentravel) for all the latest sustainable transportation information.

Zipcar

Zipcar is a carsharing service that offers 24/7 access to vehicles parked right here on campus. Tufts students (ages 18+) can join Zipcar for \$15, and employees can join for \$35. Visit [zipcar.com/tufts](https://zipcar.com/tufts) to sign up.



Turo

Turo is a neighbor-to-neighbor carsharing company that connects people who need cars with vehicle owners whose rides would otherwise sit unused. Learn more at [Turo.com](https://Turo.com). Travelers must be at least 21 years of age to be eligible for a Turo membership.



Tufts Bikes

Tufts Bikes is a student-run bike share program. Bikes, helmets, and locks can be checked out from Tisch Library for free. Visit [tuftsbikes.com](https://tuftsbikes.com) for more information. If you are interested in more information about biking on campus, check out our Bike Guide at [go.tufts.edu/bikemap](https://go.tufts.edu/bikemap).



Hubway

Metro Boston’s bike sharing system has stations in Boston, Cambridge, Somerville, and Brookline - and one right on campus (seasonal) at the corner of Packard Ave. and Powderhouse Blvd. Hubway offers annual, monthly, and 24-hour memberships. Rides less than 30 minutes are free for members. Visit [thehubway.com](https://thehubway.com) for more information and download the Hubway app!



Campus Shuttles



The campus shuttles are free and can be used by anyone (you do not need a Tufts ID to get on the shuttle). The shuttles run on weekdays and some weekend days, depending on the shuttle route. Note that the shuttles do not run during the summer or holiday breaks.

Davis Square Shuttle Stops

- Davis Square (brick plaza area in front of JP Licks)
- Tufts Administration Building at 169 Holland St.
- Mayer Campus Center - Professors Row
- Mayer Campus Center - Talbot Ave.
- Carmichael Patio
- Olin Center

School of the Museum of Fine Arts Shuttle Stops

- Tufts Art Center
- School of the Museum of Fine Arts

Boston Avenue Shuttle Stops

- 574 Boston Avenue
- 4 Colby Street
- Mayer Campus Center - Talbot Ave.
- 200 Boston Ave.
- Medford Whole Foods
- Dowling Hall

Visit [go.tufts.edu/shuttle](https://go.tufts.edu/shuttle) for shuttle schedules and more information.



The MBTA

Take public transportation.

The MBTA is a great way to get to and from the Medford campus, as well as downtown Boston and other locations in the greater Boston area. Visit [mbta.com](https://mbta.com) for more information. Plan your route through the online MBTA “Trip Planner” or use mobile apps such as Transit or NextBus.



Subway to Tufts

To access the campus, take the Red Line to Davis Station. The campus is a quick 15-minute walk from the T stop or accessible by the Tufts Davis Square Shuttle.

Bus to Tufts

The following buses stop at Tufts:  
**#80** Arlington to Lechmere Station  
**#94** Medford Square to Davis Square via West Medford  
**#96** Medford Square to Harvard Square via Porter & Davis Square

**All buses stop at:**  
College Ave & Powder House Sq  
College Ave & Professors Row  
College Ave & Boston Ave  
Boston Ave & Tufts Garage (Dowling Hall)  
Boston Ave & Fairmount St  
Boston Ave & Winthrop St

MBTA Discounts

The Commuter Benefit Program allows benefits-eligible faculty and staff to set aside funds on a pre-tax and post-tax basis to be used for public transportation. Employees on all campuses receive a commuter subsidy amount of 35%, up to a maximum of \$40 per employee per month.

Visit [go.tufts.edu/commuterbenefits](https://go.tufts.edu/commuterbenefits).

Sustainability at Tufts

Tufts plays a crucial role in helping the world adapt to a changing planet while tackling such challenging issues as climate change and resource depletion. Our goal is to be responsible stewards of the physical environment by cultivating knowledge of sustainability issues and sustainable solutions across disciplines in our students, staff, and faculty.

Get Involved

Sustainability at Tufts is a collective effort spanning departments, offices, and our campuses in Boston, Grafton, and Medford/Somerville. If you’re interested in getting involved with campus sustainability, please contact the Tufts Office of Sustainability at [sustainabilityoffice@tufts.edu](mailto:sustainabilityoffice@tufts.edu) or 617-627-3191.

Office of Sustainability

The Office of Sustainability acts as a resource, catalyst and advocate for environmental sustainability at Tufts and often serves as a bridge between ideas and their practical implementation. The Office of Sustainability is located on the second floor of 550 Boston Ave., Medford, from May 2018-summer 2019. Do not hesitate to stop by, whether you’re interested in general campus sustainability, a research project, or just want to say hello. Visit [sustainability.tufts.edu](https://sustainability.tufts.edu). or read our blog at [sites.tufts.edu/tuftsgetsgreen](https://sites.tufts.edu/tuftsgetsgreen).

Social Media

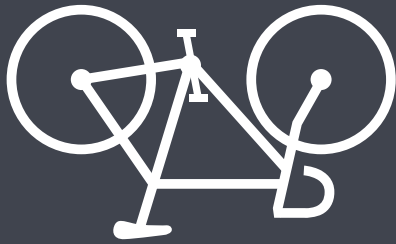
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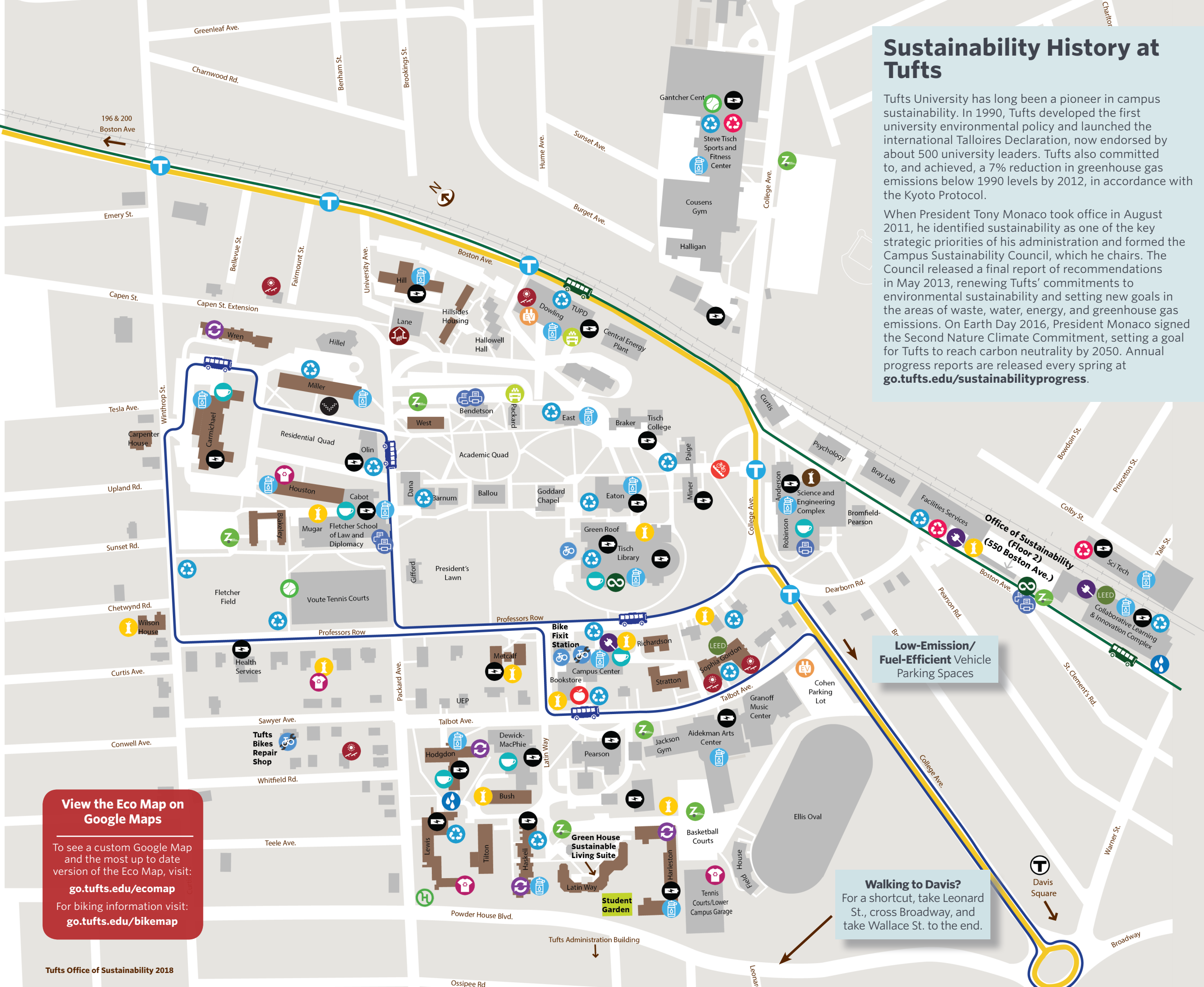


Tufts Prints Green  
Printed on recycled paper.  
Please recycle.



Medford/Somerville Campus  
[sustainability.tufts.edu](https://sustainability.tufts.edu)

Map  
Eco



### Sustainability History at Tufts

Tufts University has long been a pioneer in campus sustainability. In 1990, Tufts developed the first university environmental policy and launched the international Talloires Declaration, now endorsed by about 500 university leaders. Tufts also committed to, and achieved, a 7% reduction in greenhouse gas emissions below 1990 levels by 2012, in accordance with the Kyoto Protocol.

When President Tony Monaco took office in August 2011, he identified sustainability as one of the key strategic priorities of his administration and formed the Campus Sustainability Council, which he chairs. The Council released a final report of recommendations in May 2013, renewing Tufts' commitments to environmental sustainability and setting new goals in the areas of waste, water, energy, and greenhouse gas emissions. On Earth Day 2016, President Monaco signed the Second Nature Climate Commitment, setting a goal for Tufts to reach carbon neutrality by 2050. Annual progress reports are released every spring at [go.tufts.edu/sustainabilityprogress](http://go.tufts.edu/sustainabilityprogress).

### Eco Map Legend

- Tennis Ball Recycling**  
Gantcher Courts: Winter Only, Voute Courts: Summer Only
- Specialty Recycling:** e.g. sneakers, styrofoam, keys, corks  
Accepted items vary: [go.tufts.edu/specialtyrecycling](http://go.tufts.edu/specialtyrecycling)
- Standard Recycling:** Learn how to recycle at [go.tufts.edu/recycle](http://go.tufts.edu/recycle)
- Battery Recycling:** These bins only accept select batteries [go.tufts.edu/specialtyrecycling](http://go.tufts.edu/specialtyrecycling)
- E-Waste Recycling:** These bins accept small devices or items with electrical cords. These locations also accept ink and toner recycling. [go.tufts.edu/specialtyrecycling](http://go.tufts.edu/specialtyrecycling)
- Ink and Toner Recycling:** These locations accept ink and toner recycling. [go.tufts.edu/specialtyrecycling](http://go.tufts.edu/specialtyrecycling)
- Compost:** No meat or dairy, learn more at [go.tufts.edu/compost](http://go.tufts.edu/compost)
- Textile Recycling:** Give clothing, sheets, towels & other items a second home. [go.tufts.edu/textilerecycling](http://go.tufts.edu/textilerecycling)
- Hydration station:** Fill up your reusable water bottle
- Residence Hall Freecycle Station**
- Terracycle Station:** Accepts foil-lined energy/granola bar wrappers. [go.tufts.edu/terracycle](http://go.tufts.edu/terracycle)
- Leadership in Energy & Environmental Design (LEED) Building**
- Solar Panels**
- Permeable Pavement:** Water can drain directly through pavement, preventing runoff/floods
- Rain Garden**  
Filters rain water and prevents runoff/floods
- Tufts Dining Farmers' Market:** 11:30AM-1:30PM, Wednesdays through mid-October.
- Fair Trade Coffee Available**
- Ground Source Heat Pump:** Transfers heat from the ground to the building.
- Electric Vehicle Charging Station**
- Zipcar:** Register at [zipcar.com/tufts](http://zipcar.com/tufts)
- Priority Carpool Parking**
- Memorial Stairs Bike Groove:** Use it to roll your bike up the stairs
- Hubway Bike Share:** Become a member at [thehubway.com](http://thehubway.com)
- Tufts Bikes Bikeshare Program:** Check out bikes for free through Tisch Library. Learn more at [tuftsbikes.com](http://tuftsbikes.com)
- MBTA Bus Stop & Route:** Buses 80, 94, and 96 all stop at Tufts. View routes & schedules at [mbta.com](http://mbta.com)
- Davis Square Shuttle Stop & Route:** View and live track all shuttle options including SMFA/NEC at [go.tufts.edu/shuttle](http://go.tufts.edu/shuttle)
- Boston Ave. Shuttle Stop & Route** [go.tufts.edu/shuttle](http://go.tufts.edu/shuttle)
- Residence Hall with Eco-Rep presence:** [go.tufts.edu/ecoreps](http://go.tufts.edu/ecoreps)

### View the Eco Map on Google Maps

To see a custom Google Map and the most up to date version of the Eco Map, visit: [go.tufts.edu/ecomap](http://go.tufts.edu/ecomap)  
For biking information visit: [go.tufts.edu/bikemap](http://go.tufts.edu/bikemap)