

Having trouble viewing this email? [Click here](#)

Tufts *Sustainability in Action!* gets green



In This Issue

Watch, read & learn...about food

Think you know food? Take a quiz

Window Farms Bring Gardening to a Window Near You

Move-out trash reduced by 66%

New On-Line Publication "Solutions"

Is your A/C up to snuff?

Job Opportunities

The Veggies of Summer

Bike Week encourages action

OOS Summer Book Club

Upcoming Events

Educational Opportunities

**WATCH, READ,
LEARN
about food**

WATCH: [Eat Local](#) - a 20 minute film about the local food movement in Boston, and knowing where your food comes from and how that affects the environment, your health and your community. Made by Tufts Students.

Office of Sustainability Newsletter June 25, 2010

Dear Tufts Environmental,

It's officially summer and the Office of Sustainability (OOS) is excited about picnics! This year, OOS, [Tufts Recycles!](#) and the [Office of the President](#) collaborated to make the annual President's Picnic environmentally sustainable. The picnics on the Grafton and Medford campuses feature composting (and compostable plates and silverware) and minimal, if any, packaging. Student's also will man a water taste-testing table for picnic-goers to test their ability to tell the difference between tap water and bottled water.

Plan your own environmentally sustainable event using the resources on our [Green Event webpage](#).

This week we also welcomed three new interns:

Emily Parker, a rising senior majoring in Middle Eastern Studies and minoring in Arabic. She is splitting her time this summer between interning at the Boston Consortium for Gender, Security and Human Rights and working at OOS organizing events, creating educational materials and pinch hitting on the newsletter, amongst other things.

Jason Merges, also a rising senior, joins us as our Content Management Intern. He is majoring in Environmental Studies and Political Science and just

READ: [The Veg Table](#), a great blog about food by Tufts student Signe Porteshawver. The most recent blog entry is by the producer of the film mentioned above!

LEARN: [The Food Movement, Rising](#) - a review of 5 recent books about food, by Michael Pollan.

Test your knowledge about food and global warming

[from the *Union of Concerned Scientists*]



Our nation's farms can play a truly significant role in curbing global warming. Find out how by [taking UCS's fun quiz!](#)

No yard, but want a garden? No problem!

Windowfarms.org has developed the ultimate urban gardening kit. You can grow up to 25 fresh live vegetable plants-- lettuce, herbs, etc -- in a normal 4' x 6' window in your home. *That could be a salad a week.* [More info](#)

New move-out waste management process a success

returned from studying abroad in Kenya and Tanzania. He will be putting together our newsletter, keeping our website updated and generally finding ways to make OOS resources more accessible to the Tufts community.

Kavisha Krishnan, a Gordan Institute Graduate student in engineering management will be joining us this summer to update the [Green Vet Practice website](#), a project started by Dr. Gretchen E. Kaufman, DVM, of the Tufts Cummings School of Veterinary Medicine in 2001.

In addition, we are lucky to have rising senior and Architectural Studies student **Brian Yen** volunteering his time and significant experience in graphic design this summer updating the print versions of the [Green Guide to Living at Tufts](#) and the [Eco-Map of Tufts](#), which are handed out to every incoming student and new employee. If you have suggestions for what you'd like to see in the updated Green Guide, please email us at sustainabilityoffice@tufts.edu.

We are thrilled to add them to our team and you can look forward to great newsletters and updated content coming your way this summer!

Tina Woolston
Project Coordinator
Tufts Office of Sustainability

The Veggies of Summer



The Environmental Offices at Miller hall are burgeoning with fresh veggies these days. Every Wednesday afternoon, boxes upon boxes of fresh-from-the-farm vegetables arrive from two local CSAs ([Community Supported Agriculture](#)). Each week they serve as a reminder that while we sit in our office each day, outside things are GROWING!

In this week's newsletter you'll find links in the sidebar to food-related resources and even a quiz about the connection between climate change and food!

If you don't have a CSA box share, be sure to check out all the local farmer's markets that are opening up this month. There is a list of CSAs and Farmer's markets around Tufts on [our website](#).

This year during dorm move-out, trash and recycling were collected together and sorted offsite.



During the first phase of move-out, the waste that was collected consisted of 34% trash, 38% paper, 3% wood, 5% metal, and 20% plastics. All non-trash items were captured and recycled, yielding a **66% recycling rate.**

Dawn Quirk, Waste Reduction Project Manager commented "That is amazing! Thanks to everyone for your cooperation on this effort."

New On-Line Publication: [Solutions](#)

Solutions is a nonprofit print and online publication devoted to showcasing bold and innovative ideas for solving the world's integrated ecological, social, and economic problems.

Is your A/C up to snuff?

The Department of Energy halted the sale of inefficient heat pumps and air conditioners that failed to meet federal energy efficiency standards - [is yours one](#)

Several years ago a group of students got together and formed *feast* (food education and action for sustainability at Tufts) a group dedicated to promoting the benefits of local farms, organic growing methods, and Fair Trade. Although the group isn't really active nowadays, they compiled a plethora of information about food and sustainable agriculture that you can find on [their website](#).

In addition the following pages were compiled by Tina's intern when she was at Earthwatch Institute and contain easy-to-read information that will help you make the most of your summer outside in the garden or in the supermarket:

[Sustainable Agriculture Guide](#)
[Decoding Food Labels](#)
[Eating Sustainably](#)
[Composting](#)

Happy munching!

Bay State Bike Week helps make it easier to bike in the city

Just in case you thought all that biking earlier didn't matter...

During Bay State Bike Week, MassDOT Secretary Jeffrey B. Mullan and Highway Division Administrator Luisa Paiewonsky



announced that MassDOT's Mass Ave. reconstruction project in Boston's South End [would include bike lanes](#). And just last week, Secretary Mullan signed the [GreenDOT](#) Policy Directive, MassDOT's comprehensive sustainable transportation initiative that includes promotion of healthy transportation modes, including bicycling, among its primary goals.

Don't forget to sign up for the OOS Summer Book Club!



Bottled & Sold: The Story Behind Our Obsession with Bottled Water

[of them?](#)

Job Opportunities

[Assistant City Manager for Community Development](#),
City of Cambridge

[Sustainable Director](#),
Dartmouth College (NH)

[Director, Environmental Policy Research Program](#),
U Iowa

[Sustainability Fellow](#), St. John's U (MN)

[Grants Coordinator](#), Green Initiative Fund, U of CA Berkeley

[Instructor](#), Alternative Energy Central Piedmont CC (NC)

[News and Events Coordinator](#), National Wildlife Fund (DC)

[Environmental Studies Program Assistant](#), Colgate U (NY)

[Climate and Energy Practice Program Officer](#) (search careers in Albany), Vanasse Hangen Brustlin, Inc. (NY)

[Environment America Fellowship Program](#), nationwide

[MDAR Grant Programs](#), Massachusetts Department of Agricultural Resources

[Ag-Energy Grant Program](#), Massachusetts Department of



From Island Press "Recently, Peter Gleick, renowned water expert, scientist, and MacArthur Foundation "genius" discussed his newest book [Bottled & Sold: The Story Behind Our Obsession with Bottled Water](#) with

National Public Radio's Fresh Air host Terry Gross. In [this interview](#), he explains how bottled water industry insiders have worked hard to make us fear the tap. As a result, bottled water has become one of the most successful commercial products of the last century, with unprecedented impacts on our water supply.

He digs deep, exposing the political workings of an industry dependent on our groundwater. He tallies the massive costs-many hidden-of an industry that consumes vast amounts of energy while adding billions of plastic bottles to landfills. He asks what commercial bottled water means for our public drinking water systems and the disappearing public water fountain."

And decides... [deleted for suspense!]

Think this sounds interesting? **Join the Office of Sustainability's summer book club!** This summer we'll be reading Gleick's [book](#) and learning how the choices we make about water affect our future and that of others in this country and around the world.

[Sign Up](#)

Details: We'll meet 2-3 times over the summer to split the book up into more manageable chunks for us busy folk. When you [sign up](#) you'll be asked to select which day of the week works best for you for a **1 hr** lunchtime meeting.

If you work at another campus - no worries! We'll delve into the wild world of video-conferencing! Tufts has the capabilities after all, so let's put 'em to use!

Washington Post [book review](#) of Bottled & Sold

Upcoming Events

Somerville Climate Week

**June 22nd to 27th
Somerville**

Agricultural Resources

[DEP Drinking Water Supply Protection Grant](#),
Massachusetts
Department of
Environmental Protection

[Community Energy AmeriCorps Fellowship](#), Island
Institute (ME)

[Climate Protection Program Manager](#), The
Sonoma County Regional
Protection Authority (CA)

[Coastal Ecologist](#), The
Trustees of Reservations
(MA)

[Project Manager](#),
Groundwork Lawrence
(MA)

[Transportation Demand Manager](#), Duke University
(NC)

[Energy Program Manager](#),
University of Colorado

[More job listings from TIE](#)

Know a friend who would
like to get this
newsletter?

 [Forward to a Friend](#)

Got this via a friend?
Then

[Join Our Mailing List!](#)

Somerville Climate Action and Transition Somerville team have planned a bevy of events for this week, including a visit by the [New England Climate Summer Students Riders](#), a group of students biking across Massachusetts to bring attention to climate change issues.

Events for **June 26:**

9 to 1:00pm Union Square Farmer's

Market: Relocalize for the Climate theme and Climate Summer Riders

<http://www.newenglandclimatesummer.org/>

2:00 to 4:00pm Community-Organizing Training at the Somerville Community Growing Center, 22 Vinal Avenue

Climate Riders will share renowned community-organizer Marshall Ganz's effective model of community-organizing. Come learn new skills or add to your community-organizing tool box!

7:00pm to 9:00pm Screening of A Sea Change: Imagine A World Without Fish

(<http://www.aseachange.net/>) at *First Church Somerville, 89 College Avenue*. This film is about ocean acidification, climate change, and solutions.

Events for **Sunday 6/27:**

2:00pm Climate Riders Goodbye Ride-Off *First Church Somerville*

Bike-ride and accompany students part of the way to their next town!

[More information](#)

Weatherization Barnraising

June 26 12:30-5 pm

Cambridge YWCA Emergency Family Shelter

3 Bigelow St, Cambridge

Pitch in to help 10 homeless families who live at the shelter by lowering the shelter's energy bills, so more money is available to help the families.

Learn skills that can save you \$\$ at home, fight climate change, share food & celebrate after a job well done. No skills necessary - training on the job!!

Tomorrow!

Tomorrow!

Work includes:

- An easy and cheap way to fix old vinyl replacement windows so they easily close again
- Air-sealing an incredibly leaky attic
- Using caulk and sprayfoam to stop air leaks
- Saving water and electricity
- Installing programmable thermostats
- Masonry, plastering, and more

Sign up [here](#) or by e-mail (heet.cambridge@gmail.com) or phone (617-491-6761)

Gubernatorial Forum on Energy & Environment

June 29, 6:00 to 8:00 pm

Old South Meeting House
310 Washington Street, **Boston**

Join us at the 2010 Massachusetts Gubernatorial Forum on Energy and the Environment, and hear what our gubernatorial candidates have to say about their views on important environmental and energy-related issues!

Sponsored by the Environmental League of Massachusetts, Mass Audubon, CLF, CRWA, and others. Governor Patrick and Green Party candidate Jill Stein have confirmed so far. Seating is limited, so RSVP to smoser@environmentalleague.org or cleanwateractionma@gmail.com [More info](#)

Transition House Greening Kickoff

June 29, 6:00 to 8:30 pm

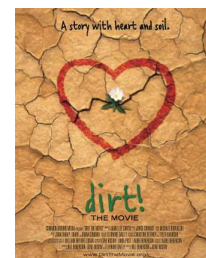
Athenaeum Building, 1st floor, 215 First St., Cambridge

Presentation of plans to green the emergency shelter for families experiencing domestic violence and fundraising event; called The Green Door Campaign. Music, cocktails, food, silent auction. [More info](#)

Dirt! The Movie Free Screening

June 30, 7:00 to 8:00 pm

Brighton-Allston Heritage Museum
20 Chestnut Hill Ave
Brighton, MA 02135



The Brighton-Allston Heritage Museum's current art and

history exhibit: "ART in BLOOM" is an exhibit of fine art and flowers examining horticultural heritage from the 19th century greenhouses to the 21st greenspaces. The artwork includes historical interpretations, magnificent still lifes and abstract interpretations. Come early to view the exhibit then see Dirt! The Movie. Doors open at 6PM. Movie starts at 7PM. [More info](#)

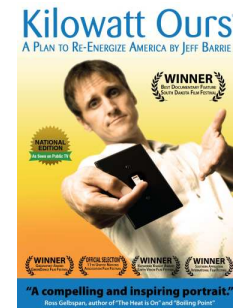
Screening of *Kilowatt Ours*

July 29, 6:30 pm

Main Library, 449 Broadway

Screening of [Kilowatt Ours](#).

Movie followed by discussion on energy conservation.



Northeast Organic Farming Assoc. Summer Conference

August 13-15, 2010

U Mass Amherst Campus

Over 200 workshops, dozens of exhibitors, a Teen Conference, Children's Program, an Afternoon Fair with farm animals, live music, auction, and an ALL-LOCAL dinner. Stay on campus in the dorms or camp in a tent under the stars.

Keynote speakers Sally Fallon Morell of the Weston A. Price Foundation, and Dr. Fernando Funes, of the Cuban Association of Agronomists and Foresters. All registrations that are received before July 12, 2010 receive a \$20 discount. For more information contact: NOFA/Mass, 411 Sheldon Road, Barre, MA 01005, 978-355-2853, info@nofasummerconference.org. [More information](#)

[Calendar of NOFA/ Farm-Based Events in Massachusetts](#)

Global Work Party

October 10, 2010

Tufts University

Do you like the environment? Do you hate climate change? Do you want to do something about it?

Here's your chance! On October 10th, 2010, Tufts Institute of the Environment will host A Day to Celebrate Climate Solutions, in conjunction with [thousands of other events around the world](#).

Imagine: bike repair workshopers in San Francisco, school insulating teams in London, waste-land-to-veggies-gardeners in New Zealand, and solar panel installers in Kenya. And most importantly, YOU at TUFTS!

For one of the Global Work Party projects, Tufts is partnering with [HEET](#) (Home Energy Efficiency Team) to weatherize a building on or near the Tufts campus using student, staff and faculty volunteers. It could be a frat house, a local non-profit's headquarters, or maybe even the building you live or work in!

With your help, 10/10/10 is going to be the biggest day of practical action to cut carbon that the world has ever seen! There are lots of ways to get involved with Tufts' projects: we need volunteers, team leaders, and enthusiastic energy efficiency advocates; there are different levels of involvement too - from leading an energy efficiency team to just showing up and getting trained on the day of the project.

Please e-mail [Get.to.work.Tufts\(at\)gmail.com](mailto:Get.to.work.Tufts(at)gmail.com) for more information.

October is a few months away still, but in order to make this an awesome work party, we've got to start planning now. **Will you help?**

Educational Opportunities

Professional Certificate in Campus Sustainability Leadership

July 12 - 16, 2010

University of Vermont, Burlington, VT

Distinguish yourself as a leader by earning a [Professional Certificate in Campus Sustainability Leadership](#) and/or three graduate credits through this week long program at the beautiful, award-winning green campus in the heart of the thriving city of Burlington, VT

Learn from leaders in the field. Expand your professional network and learn how to integrate sustainability across the curriculum and campus operations, bring about change through transformative, financially sustainable innovations at your institution, and help your campus become a model of sustainability. [More info](#)

Programs at The Green Roundtable in Boston

June 29, 6-7pm

[Boston LEED Users Group: Rainwater Reuse Systems](#)

July 7, 12:30-1:30pm

[Lunch and LEED: Be a LEED Green Associate](#)

July 8, 5-7pm

[LEED Study Group](#)

July 22, 6-7:30pm

[Energy Efficiency: Why Are the Low Hanging Fruit So High?](#)

July 28, 12:30-2pm

[Lunch and Learn: Advanced Technology in Translucent Daylighting](#)

August 4, 12:30-1:30pm

[Lunch and LEED: Be a LEED AP & Maintain Your Credential](#)

For more info go to the [Nexus/Green Roundtable Calendar of Events](#)

Education in a Changing Climate Faculty Workshop

August 1 - 4, 2010

Unity College; Unity, ME

Unity College is offering a workshop that will offer attendees practical ways to educate themselves, their students, and the public about climate change. The event will provide a climate change primer on basic climate science; likely effects on ecosystems and people; some ethical, literary, and artistic responses; and a sampling of potential solutions that range from political to personal and technological to philosophical.

[Registration](#) ends July 16, 2010. [Workshop website](#)

Massachusetts Agriculture in the

Classroom Workshops

June 30-August 17

Seekonk, MA

Teachers: Join us for one of more of our summer workshops and try out some hands-on activities for the classroom while you explore local farms. Each workshop runs from 9 a.m. to 3 p.m., offers classroom-ready educational activities and focuses on a different area of agriculture with exploration of the work that takes place at that farm. The \$30 fee for each workshop includes the educational program and tour, all educational materials and activities, and ten professional development points with a related classroom activity. Lunch is also included with ten of the twelve workshops. All Workshops run from 9:00 a.m. to 3 p.m. [Website](#) and [workshop schedules](#)

Fostering Sustainable Behavior Workshop

September 13-14, 2010

University of Toronto; Ontario Canada

This two-day workshop provides a comprehensive introduction to community-based social marketing and how it is being applied throughout the world to foster sustainable behavior. Those who attend the workshop will learn the five steps of community-based social marketing (selecting behaviors, identifying barriers, developing strategies, conducting pilots, and broad scale implementation) and be exposed to numerous case studies illustrating its use. [More information and registration](#)

How to Plan for a Sustainable Community: Eco-municipality Planning and Leadership Training

September 29-Oct 2, 2010

Harvard Square; Cambridge, MA

A 3 ½ -day national training session to increase planner and citizen leadership capacity in communities and their local governments to initiate and lead a change process to become a sustainable community. The objective of the training is to prepare planners and potential local leaders to lead a planning process that involves community sustainability education, bottom-up participatory planning, a comprehensive and systematic approach,

and a strategic implementation process to transition to becoming a sustainable community. [20 AICP CM credits will be available]. [More info](#)

See you next week!

The Tufts Office of Sustainability
<http://sustainability.tufts.edu/>

[Forward email](#)



This email was sent to elizabeth.mahaffy@tufts.edu by tina.woolston@tufts.edu | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Tufts Institute of the Environment | Tufts University Miller Hall | 210 Packard Ave | Medford | MA | 02155