Tufts office of Sustainabilit

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Greetings!

It may not look like it's still summer with all the rain we've gotten lately, but it's a good time to be grateful for rain seeing as " the drought that has settled over more than half the continental United States this summer is the most widespread in more than half a century". The hottest ever recorded drought in the US has (unsurprisingly) affected farm production and will likely increase food prices.

I look at the boxes of farm share vegetables stacked in our office entryway and feel optimistic that Tufts is going in the right direction by buying local and supporting our local farmers. Personally, I like knowing where my food came from and I especially value being able to walk up to the farmer and ask what went into my fruits and vegetables. If you want to sign up for farm shares this fall or check out the farmers markets nearby, look for details and a market schedule below. You can download the PDF or learn more about Community Supported Agriculture (CSAs) on our website.



Our busy summer continues with a tour of Medford's wind turbine next Tuesday (everyone is welcome!), the condensed Eco-Ambassador sessions in Boston on August 8 and 15, and a summer book club meeting on Aug 27 to talk about The Story of Stuff. And if you know of any fabulous people who might want to become Eco-Ambassadors next year, please send them to us! Registration is open for our regular program, which meets monthly for a couple of hours around lunchtime. Visit http://go.tufts.edu <u>/ecoambassadors</u> or <u>download the brochure</u> to learn more.

Farm shares are delivered to Tufts' Medford and Boston campus every week

Enjoy the rest of the summer and hope to see you at one of our events! - Fannie (Communications and Outreach Specialist, Office of Sustainability)

Tips for a greener move-in

It's that time of year again when students begin looking at their belongings and wonder how they managed to drag so much stuff home last spring... and how they could possibly stuff it all back into boxes to bring back to school.



Move-in days (as well as move-out days) may cause people to act less sustainably than

they otherwise would. More items tend to get cast aside, left behind and thrown out because it might seem easier to buy new things

In This Issue Moving in Green The Story of Stuff Wind Turbine Tour **Upcoming Events** Farmer's Market Schedule Jobs

Keep in touch with The Office of Sustainability Sign upfor this newsletter

upon arrival than transport them.

The Tufts Office of Sustainability has put together the **Quick and** Easy Steps to Moving in Green, a guide for anyone who is changing abodes. Among the tips:

- Bring reusable containers, utensils, water bottles, mugs, etc. to reduce waste and save money
- Save trees and reduce pollution by purchasing recycled content paper and notebooks.
- Exchange inefficient incandescent light bulbs for efficient CFLs. Light bulbs can be exchanged at the Office of Sustainability during orientation or through your Eco **Rep-in-Residence, FOR FREE!**

Visit our website for the complete list of Quick and Easy Steps to Moving in Green.

Fall farm shares now open for sign up

Who wants fresh, organic, locally grown vegetables?

Come to think of it, who doesn't?

We are pleased to announce that World PEAS **Community Supported** Agriculture (CSA) is

offering a limited quantity (up to 20) of Fall Season Academic Farm Shares



CSAs deliver fresh vegetables weekly to Medford (Miller Hall) and Boston (Jaharis Building)

that would run for six (6) weeks from September 5 to October 10. The shares will be delivered weekly on Wednesdays to Medford and Boston and cost \$168. Sign up at the World PEAS website or call 978-654-6745 (x5733) or email worldpeas@comteam.org.

An Extended Season CSA share is also available for three (3) additional distributions from the week of October15 to November 12. These shares include a variety of fall and storage crops so you can continue to eat locally during the early winter. Shares will include fall greens, root vegetables, apples and more!

For more information, visit our <u>CSA webpage</u>.

Summer Book Club pick: **The Story of Stuff**

The incoming freshmen aren't the only people reading The Story of Stuff this summer. Named the common book for the Class of 2016, The Story of Stuff by Annie



Leonard is also our pick for this summer's book club. It's a very engaging, accessible, eye-opening read, so go borrow/pick up a copy and come join us for a brown bag lunch on Monday, August 27.

Bring your lunch (and opinions) to the Miller Hall Conference Room at noon. Annie Leonard herself is visiting us in October so let's all talk about what to ask her.

P.S. There may be ice cream. Shhhh!

Become an Eco-Ambassador! Registration now open

The next round of condensed sessions are coming up on



August 8th and 15th from 9 AM to 1 PM. Contact us if you're interested and we'll squeeze you in!

If you would like to register for the annual program for the upcoming year (One 2 hr mtg/month), apply now online.

The Eco-Ambassadors are a group of Tufts faculty and staff who work to improve sustainability in the workplace. Check out the Eco-Ambassadors page on the Office of Sustainability website for more details!

Upcoming Events

Aug 14: Medford Wind Turbine Tour

Join us for a tour of the Route 93 Wind Turbine on Tuesday, August

More Events

- Aug 03: Tour of Drumlin Farm
- Aug 04: 350 Massachusetts Day of Action
- Aug 10: Deadline for Greenbuild Scholarship Applications
- Aug 14: Medford Windturbine Tour



14. Answer all of your questions regarding the noise, energy, and feasibility of wind energy! Folks

from the Medford Energy Department will host us and talk about how the turbine was built and how it works. Listen to it whir and even peek inside!

If you would like to join us don't forget to <u>RSVP</u>. The tour starts at noon and should go for a little over an hour. We hope to see you there!

• Sep 21: New England Campus Sustainability <u>Forum</u>

Contests

- Aug 07: Story of Stuff Essay Contest deadline for incoming students
- Oct 19: 2nd Annual Undergraduate **Environmental Photo Contest**

Visit the Tufts Environmental Calendar or subscribe to our Events RSS feed for more frequent updates.

'Tis the season for Farmers Markets!

Looking for an excuse to go outside? Check out the local farmers markets - most are open now until late fall (usually Memorial Day until Thanksgiving) and there's at least one every day. Here are some nearby markets that we know of:

Monday

Central Square (11:30am - 6:00pm) South Boston (12:00pm - 6:00pm) Boston City Hall - City Hall Plaza (11:00am - 6:00pm)

Tuesday

Copley Square - In front of Trinity Church (11:00am - 6:00pm) Harvard University - Near Sanders Theater, Cambridge (12:30pm - 6:00pm) Boston Public Market - Dewey Square (11:30am - 6:30pm)

Wednesday

Davis Square - Parking lot at Day St. and Herbert St. (12:00pm - 6:00pm) Arlington - Russell Common Parking Lot i Arlington Center (1:00pm - 6:30pm) Boston City Hall - City Hall Plaza, along Cambridge Street, Government Center (11:00am -6:00pm)

Thursday

Medford - Whole Foods Parking Lot, 2151 Mystic Valley Parkway (3:00pm - 7:00pm) Kendall Square - 510 Kendall St., Cambridge (11:00am - 2:30pm) Boston Public Market - Dewey Square (11:30am - 6:30pm)

Friday

Copley Square - In front of Trinity Church (11:00a.m. - 6:00p.m.) Charles Square - Charles Hotel Courtyard, Cambridge (12:00a.m. - 6:00p.m.) Allston - Parking lot on North Harvard Street and Western Ave. (3:00p.m. - 7:00p.m.)

Saturday

Union Square - Union Square Plaza, Somerville (9:00a.m. - 1:00p.m) Cambridgeport - Morse school parking lot, Cambridge (10:00a.m. - 2:00p.m.)

Sunday

Charles Square - Charles Hotel Courtyard, Cambridge (10:00a.m. - 3:00p.m.) South End - 540 Harrison Ave. (10:00a.m. - 4:00p.m.)

Jobs in Sustainability

- <u>Campus Sustainability Council Administrative Intern (Medford, MA)</u>
- Ecological Agricultural Economist (Costa Rica)
- <u>Built Environmental Specialist Assistant (New York)</u>
- <u>Community Organizer Community Labor United (Boston)</u>



MassMarkets.org now has an iPhone app to help mobile users find farmers markets

- O'Neill Institute Associate (Washington, D.C.)
- <u>Government Affairs Intern (Boston)</u>
- Affiliated Network Department Intern Membership Assistant (Somerville, MA)
- Intern, Boston Cyclist Union (Boston)

Job and internship opportunities are posted regularly on the TuftsGetsGreen blog Set up a dedicated RSS feed for the "Career" category so you never miss another post! Additional internship and academic opportunities may be found at the Environmental Studies Program blog.



