Bike

SHARE THE ROAD. Respect other cyclists, cars, and pedestrians. Bikes must follow the same road rules as vehicles, including yielding to pedestrians. Don’t ride on the sidewalk.

LOOK AND SIGNAL. Use a bell or voice to indicate intentions to pass. Use visible hand signals before turns or when merging with car traffic – always look behind to see if it is clear. Beware of parked cars opening their doors.

BE PREDICTABLE. Travel in a straight line unless you are avoiding hazards or passing. Avoid passing motor vehicles on the right – they’re not expecting you! Obey all stop signs and traffic lights. Be cautious at intersections – watch for crossing pedestrians and cars turning through your path. When approaching a crosswalk, dismount and walk your bike across the crosswalk.

BE SAFE. Wear a helmet. The front of the helmet should be level and two-fingers width above your eyebrows. Follow the “ABC Quick Bike Check” before you start your ride: make sure you have enough Air in your tires and your Brakes, Chain, Crank, and Quick releases are all working properly.

BE VISIBLE. Use front and back lights at night – they’re required by law! Wear bright colors and reflective gear when possible.

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Traveling Green at Tufts

OFFICE of Sustainability

The Tufts Office of Sustainability serves as a resource, catalyst, and advocate for environmental sustainability at Tufts. Often, the office serves as a bridge between ideas and their practical implementation.

The Office of Sustainability collaborates with groups such as TuftsRecycles! and the Tufts Institute of the Environment (TIE) to run university-wide sustainability initiatives related to energy, food, transportation, water, recycling, purchasing and more.

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Tufts gets green
Office of Sustainability

210 Packard Avenue, Miller Hall (Rear)
Medford, MA 02155
617.627.3191

Website: sustainability.tufts.edu
Blog: sites.tufts.edu/TuftsGetsGreen
Email: SustainabilityOffice@tufts.edu

Like us on Facebook: “Tufts Office of Sustainability”
Follow us on Twitter: “@GreenTufts”

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Bicycles can be carried on to Commuter Rail trains on weekdays, except during peak periods, and on the weekends.
**Share a Ride or a Car**

Tufts’ Grafton campus is a member of MassRides, which offers trip matching services for local carpools/vanpools. They also offer an emergency ride home service—if you carpool, bike, walk, or use public transit to get to work or school, register online at www.commute.com/sign_up. If an emergency arises, you are guaranteed a ride home for free (limit: 4 rides/year). Learn more at www.commute.com.

Get rewarded for taking greener trips with NuRide! Whenever you avoid using a car—whether you walk, bike, telecommute, carpool, vanpool, take a subway, train, bus, ferry, or even work a condensed work week—you can earn 100 points per trip. Redeem the points for discounts or freebies at local and online establishments. NuRide also offers a ride matching program that helps commuters quickly and securely find carpool partners. Learn more at www.nuride.com.

**Take Public Transportation**

**Riding the rails between Grafton & Boston**

Tufts’ Grafton campus is less than a 10 minute walk from the Grafton Station on the MBTA Framingham/Worcester Commuter Rail Line, which runs between South Station in downtown Boston and Worcester. From the Grafton Commuter Rail Station, exit the parking lot and take a right on to Pine Street and a left on to Route 30 (Westboro Road). The Cummings School is just up the road.

From South Station you can access Logan Airport (the Silver Line SL1 bus), the Medford campus (the Red Line to Davis Square), and many other exciting places. Visit www.mbta.com for schedules, maps, a trip planner, and more!

**MBTA Discounts**

**STUDENTS** can purchase an MBTA Semester Pass at an 11% discount. Please contact the Grafton Bursar’s Office for specific Fall and Spring pass prices. The Bursar’s Office is located in the Central Administration Building at 200 Westboro Road and can also be reached at (508) 887-4932.

**FACULTY & STAFF** can use pre-tax funds to pay for transit passes and tickets. All it takes is a quick online or phone order to get a pass or debit card delivered to your home every month. For more info visit hr.tufts.edu/benefits, and select “Commuter Benefit Program” from the left menu.

**Getting around Grafton**

The Worcester Regional Transit Authority (WRTA) runs a bus system that alleviates the challenges of traveling around Tufts. The bus begins at the Grafton commuter rail station and makes stops at Stop & Shop, Ocean State Job Lot, and Walmart. The cost is $1.50 in cash or $1.30 with a CharlieCard. The schedule can be found at www.therta.com/schedules/route-b/

Many buses leave from the Union Station hub where the commuter rail makes its final stop in Worcester, and they travel to malls, movie theaters, and shopping plazas all over the region.

**Purchase train tickets on your phone with the MBTA mTicket App**

1. **Download the MBTA mTicket App** from your app store to your smart phone
2. **Select your origin and destination**
3. **Buy your ticket** by entering your credit card information
4. **Activate your ticket before your board, and your phone serves as your ticket**

The mTicket app also allows you to view system maps and train schedules and can also be used on the commuter ferry.