

Cycling Basics

Ride safely and follow the law.

Cyclists must follow the same road rules as vehicles. Learn The League of American Bicyclists' Rules of the Road at bikeleague.org/ridesmart

Register your bike with TUPD.

Registering your bike can help the Tufts Police identify it if it is stolen. Learn more about bicycle theft prevention and how to register at go.tufts.edu/bikeregistration

Purchase a u-lock.

U-shaped bar locks are the most effective devices for preventing bicycle theft. The efficient design and solid construction make them difficult to break.

Learn about SafeRide.

If you ever feel uncomfortable while cycling at night you can park your bike and contact the Tufts University Police Department to get a SafeRide home. See reverse side of this brochure for details.

Bring your bike while traveling.

Bicycles can be carried on to MBTA Commuter Rail trains on weekdays, except during peak periods, and on the weekends. There are also bike racks located on the Worcester Regional Transit Authority buses which service the Grafton campus.

Get rewards.

NuRide

NuRide is a free online tool offered by MassRIDES that provides coupons and discounts from local and national retailers to those who commute sustainably. Make sure to log your bike miles! Get started at commute.com/nuride

Bicycle Benefits

Get discounts at local retailers just for riding your bike. Visit bicyclebenefits.org

Explore the community.

The Grafton Land Trust's large properties have networks of trails that are fun to ride on mountain bikes. The Lambert Property (29 Wesson Street) is just a 4-minute bike ride from campus. Learn more at graftonland.org

Sustainability at Tufts

A University-Wide Commitment

Tufts plays a crucial role in helping the world adapt to a changing planet while tackling such challenging issues as climate change and resource depletion. Our goal is to be responsible stewards of the physical environment by cultivating knowledge of sustainable issues and solutions across disciplines in our students, staff, and faculty.

How to Get Involved

Sustainability at Tufts is a collective effort spanning departments, offices, and our campuses in Boston, Grafton, and Medford/Somerville. If you're interested in learning more about campus sustainability, please contact the Tufts Office of Sustainability to be put in touch with the right people.

The Tufts Office of Sustainability, located on the Medford/Somerville campus in the basement of Miller Hall, is a resource, catalyst, and advocate for sustainability at Tufts. Do not hesitate to stop by, whether you're interested in general campus sustainability or a research project.

The office is wheelchair accessible. Please reach out with questions and/or to schedule a visit.

Learn more at sustainability.tufts.edu

Contact Information

(617) 627-3191
sustainabilityoffice@tufts.edu

210 Packard Avenue
Miller Hall (Parking Lot Entrance)
Medford, MA

Stay Connected

Subscribe to the Tufts sustainability newsletter:
eepurl.com/vYQbT

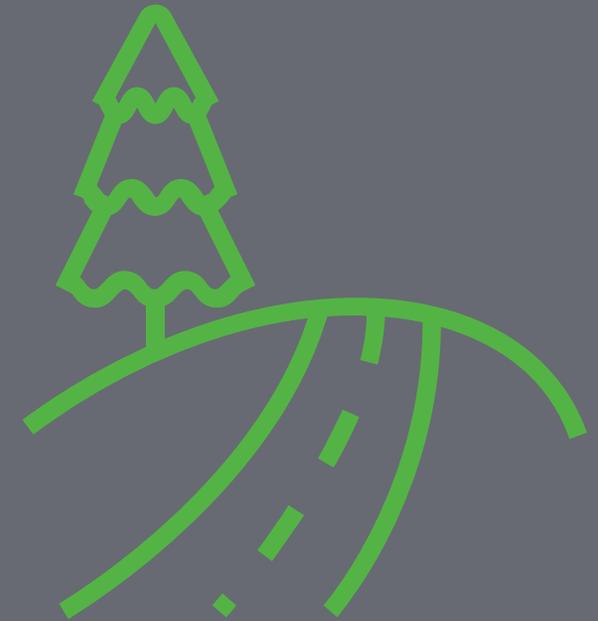
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Sustainable Commuting

Grafton Campus



Tufts
UNIVERSITY

sustainability
Supporting a university-wide commitment

Car/Ride Sharing Programs

Turo

Turo is a neighbor-to-neighbor carsharing company connecting people who need a car with vehicle owners whose rides would otherwise sit unused. Pricing is based on the type of vehicle. You can even make money by listing your personal car. Borrowers under 25 must demonstrate 2 years of current driving history in the U.S. or Canada. Learn more at turo.com



MassRIDES Programs

MassRIDES is an initiative of the Massachusetts Department of Transportation (MassDOT) designed to help reduce traffic congestion and improve air quality.



Carpool/Vanpool Matching

MassRIDES offers trip matching services for local carpools/vanpools through NuRide. Share the ride to work with a friend or a coworker and save on gas and parking. Carpooling also lowers stress, reduces your carbon footprint, and saves time when you use the high-occupancy vehicle lane.

NuRide

Get rewarded for taking greener trips with NuRide whenever you avoid using a car (walk, bike, telecommute, carpool, vanpool, take a subway, train, bus, ferry, or even work a condensed work week). Redeem the points for discounts or freebies at local and online establishments at commute.com/nuride



Emergency Ride Home

If you carpool, bike, walk or use public transit to get to work or school, register for the MassRIDES Emergency Ride Home program at commute.com/log_in. If an emergency arises, you are guaranteed a ride home for free (limit: 4 trips/year).



Commuter Rail

Traveling between Grafton and Boston

Tufts' Grafton campus is less than a 10-minute walk from the Grafton Station on the MBTA Framingham/Worcester Commuter Rail Line, which runs between **South Station** in downtown Boston and Worcester. From the **Grafton Commuter Rail Station**, exit the parking lot and take a right onto Pine Street and a left onto Route 30 (Westboro Road). The Cummings School is just up the road.



MBTA Connections

From **South Station** on the MBTA Red Line, you can access **Logan Airport** (via the Silver Line SL1 bus), the **Medford campus** (via the Red Line to Davis Square), and many other destinations.

Commuter Rail mTicket App

The mTicket app allows you to view system maps and train schedules and can even be used on the commuter ferry. Here's how to use it:

1. Download the MBTA mTicket app (available on Android and iOS) to purchase tickets on your phone.
2. Select your origin and destination.
3. Use your credit card to purchase a ticket.
4. Activate your ticket before you board - your phone serves as your ticket.

TUPD SafeRide Program

All Cummings School students, faculty, and staff are encouraged to utilize the Tufts SafeRide service. If you ever feel unsafe while traveling to your destination, you can contact TUPD for a free walking escort or car ride home. The service is available twenty-four hours a day, seven days a week. In addition to campus-wide escorts, campus police will also extend these services to and from the Grafton Commuter Rail station. For service, please contact the Grafton Campus Police at (508) 887-4900.

Take Public Transportation

MBTA Discounts

Students

Students can purchase an MBTA Semester Pass at an 11% discount. Please contact the Grafton Bursar's Office for specific fall and spring semester pass prices. Fall passes should be requested by July or the beginning of August and spring passes should be requested by November or the beginning of December. The Bursar's Office is located in the Central Administration Building at 200 Westboro Road and can also be reached at (508) 887-4932.



Faculty & Staff

Faculty & Staff can use pre-tax funds to pay for transit passes and tickets. For more information visit hr.tufts.edu/benefits/commuter-benefit-program

Visit mbta.com for schedules, maps, and a trip planner.

Worcester Bus System

The Worcester Regional Transit Authority (WRTA) is a bus system that services the Grafton campus. Bike racks are available on the WRTA buses.



Many buses depart from the Union Station hub (approximately a 9-minute walk from campus) where the Commuter Rail makes its final stop in Worcester. The bus travels to malls, movie theaters, and shopping plazas all over the region.

Bus Fares

A single WRTA fare is \$1.50 in cash or \$1.30 with an MBTA Charlie Card.



Bus Tracking

The schedule is available at therta.com, and you can track buses at bustracker.therta.com