Sustainable Dining
Greening Tufts One Bite at a Time

Buy Local. Pick local grocers committed to supporting local farmers and sustainable ingredients, such as Whole Foods (Medford, Cambridge & Boston), Harvest Co-op (Cambridge), and Boston Organics (home delivery).

Sign up for a farm share. The Office of Sustainability in Medford and the Jaharis Building in Boston are drop-off locations for produce grown by local farms through Community Supported Agriculture (CSA) programs, available throughout the entire year. Look out for academic shares tailored for the Tufts community, which follow the academic calendar; at go.tufts.edu/CSA.

Shop at Farmers’ Markets. There are a number of Farmers’ Markets close to Tufts. They are generally open from Memorial Day through Thanksgiving. Visit go.tufts.edu/FarmersMarkets for information about Farmers’ Markets near Tufts’ campuses.

Take the Tufts Eco Tour
Featuring highlights from Tufts’ environmental history

This interactive, self-guided tour highlights green initiatives and milestones from Tufts’ long history as a pioneer in campus sustainability. It is a great way to find out what we’ve done, what we’re working on, and what you can do to get involved.

To take the tour: Start at the Mayer Campus Center. Look for the distinctive signs with a QR code embedded in the leafy branches of a tree. Scan the QR code with your smartphone to get information on that particular location, plus directions to the next stop on the EcoTour. If you don’t already have an app to scan QR codes, download one free for your app store.

Collect a prize when you arrive at the last stop!

The MBTA
Don’t Drive. Take the T.
The MBTA is a great way to get to and from the Medford campus, as well as downtown Boston and other locations in the greater Boston area. Visit www.mbta.com for more information. Plan your route through the online MBTA “Trip Planner” or use mobile apps such as OpenMBTA or NextBus.

Subway to Tufts
To access the campus, take the Red Line to Davis Square. The campus is a quick 15-minute walk from the T stop or accessible by shuttle.

Bus to Tufts
The following buses stop at Tufts:
#80 Lechmere Station
#94 Medford Square via W. Medford
#96 Medford Square via Davis Square

Tufts Bikes
Tufts Bikes is a student-run bike share program that also operates a bike workshop, holds safety and urban riding classes, and organizes group rides. Bikes, helmets and locks can be checked out from Tisch Library for FREE. Visit www.tuftsbike.com for more information. If you own a bike, don’t forget to register it with TUPD.

Hubway
Metro Boston’s bike sharing system has stations in Boston, Cambridge, Somerville, and Brookline—and one right on campus (seasonal) at the corner of Packard Ave and Winter Street. Hubway offers annual, monthly, 3-day, and 24-hour memberships. Rides less than 30 minutes are free for members. Visit www.thetuftsblog.com for more information.

Zipcar
Zipcar is a car-sharing service that offers 24/7 access to vehicles parked right here on campus. Tufts students aged 18+ can join Zipcar for $15, employees for $25. Visit www.zipcar.com/tufts to sign up. Note: proof of car insurance and a parent’s signature are required for students 18-20 years old reserving Zipcars for personal use.

RelayRides
RelayRides is a neighbor-to-neighbor car sharing company that connects people who need rides with car owners whose rides would otherwise be sitting unused. Learn more at www.relayrides.com. Borrowers as young as 18 can use this service as long as they are on their parents’ car insurance.

Campus Shuttles
Davis Square Shuttle (“The Joey”)
The Davis Square Shuttle runs between the Tufts campus and Davis Square throughout the academic year. The shuttle route starts at the Mayer Campus Center’s Upper Patio. Visit http://tufts doubleshoot.com/mapp for livetrafficking information.

Schedule
Monday-Wednesday
7:10 am-8:40 am
8:40 am-4:00 pm
4:00 pm-Midnight
Thursday-Friday
7:10 am-8:40 am
8:40 am-4:00 pm
4:00 pm-6:30 pm
6:30 pm-11:30 pm
11:30 pm-1:30 am
Saturday
10:00 am-6:30 pm
6:45 am-1:30 pm
11:30 pm-1:30 am
Sunday
10:00 am-Midnight

Benefits Program” under “Benefits” for more information.

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Waste: What Goes Where?
Mixed Paper & Cardboard Bins
- Cardboard
- Magazines & newspapers
- Envelopes
- Books
- Notebooks & folders

Glass, Metal & Plastic Bins
- Paper plates & cups without plastic coating or chlorine bleach
- Unbleached napkins & paper towels
- White, colored & glossy paper
- Clean, empty paper cups

Glass & Metal & Plastic Bins
- Coffee cup lids
- Aseptic boxes like juice & milk cartons (or in paper)
- Metal cans, empty aerosol cans
- Aluminum cans, foil, trays

Do Not recycle
Greasy pizza boxes, styrofoam, dirty coffee cups, plastic bags/film, bioplastics

Do Not Compost
Meat, dairy, oil or grease-soaked items, bioplastics (in the public bins)

Public Compost Bins
- Fruit & vegetable scraps
- Legumes
- Coffee grounds & tea bags
- Unbleached napkins & paper towels
- Paper plates & cups without plastic coating or chlorine bleach

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Find the greenest way to get around

Tufts also operates a shuttle service to New England Conservatory (NEC) & the School of the Museum of Fine Arts (SMFA), as well as a Boston Avenue Shuttle that stops at 4 Colby (SciTech), Halligan Hall, 200 Boston Ave, and Dowling Hall.