Sustainable Dining
Greening Tufts one bite at a time

Buy Local. Pick local grocers committed to supporting local farmers and sustainable ingredients, such as Whole Foods (Medford, Cambridge & Boston), Pemberton Farms (Somerville), Harvest Co-op (Cambridge), and Boston Organics (home delivery).

Sign up for a farm share. The Office of Sustainability (Miller Hall) in Medford and the Jaharis Building in Boston are drop-off locations for produce grown by local farms through Community Supported Agriculture (CSA) programs. Look out for shares delivered to the Tufts community, which follow the academic calendar, at go.tufts.edu/CSA.

Shop at farmers’ markets. There are a number of farmers’ markets close to Tufts. They are generally open from Memorial Day through Thanksgiving. Visit go.tufts.edu/farmersmarkets for information about farmers’ markets near Tufts’ campuses.

Commuter Benefits
For Everyone
NullRide: Whenever you avoid using a car - whether you walk, bike, telecommute, carpool, vanpool, take the subway, train, bus, ferry, or even walk a compressed work week - you can earn points that you can later redeem for discounts or freebies at local and online establishments. NullRide also offers a ride matching program that helps commuters quickly and securely find carpools. Learn more at nullride.com.

For Students
SafeRide: The Tufts University Police Department is pleased to offer a redesigned safety service called SafeRide, offered for your personal safety. The service is provided seven days a week, from sunset to sunrise, primarily using a van and/or officers on foot. To access the SafeRide service call 617-627-8000 or 7080 from any on campus phone. You can also use any of the blue light phones throughout campus.

For Employees
Emergency Ride Home: MassRIDES provides an emergency ride home service – if you carpool, bike, walk, or use public transit to get to work, register online at commute.com/signup. If an emergency arises, you are guaranteed a ride home for free (limit: 4 rides/year). Learn more at commute.com.

Priority Carpool & Vanpool Parking: Carpool parking permits are available for employees who want to split the cost of a parking permit on the Tufts Medford campus with their co-workers. Each carpool hangtag allows parking in priority carpool spaces in Dowling and around campus. Each hangtag comes with a limited number of daily passes for those days when members are not able to carpool. More information is available at publictransit.tufts.edu/administrative/parking-permits-for-carpoolers.

CAR AND BIKE SHARE PROGRAMS
Check out go.tufts.edu/greentravel for all the latest sustainable transportation information.

Zipcar
Zipcar is a car-sharing service that offers 24/7 access to vehicles parked right here on campus. Tufts students aged 18+ can join Zipcar for $15, employees for $35. Visit zipcar.com/tufts to sign up. Note: proof of car insurance and a parent’s signature are required for students 18-20 years old reserving Zipcars for personal use.

RelayRides
RelayRides is a neighbor-to-neighbor car-sharing company that connects people who need cars with vehicle owners whose rides would otherwise be sitting unused. Learn more at RelayRides.com. Borrowers as young as 18 can use the service as long as they are on their parents’ car insurance.

Tufts Bikes
Tufts Bikes is a student-run bike share program. Tufts bikes operates a bike workshop, holds safety and urban riding classes, and organizes group rides. Bikes, helmets and locks are available to check out from Tisch Library for FREE. Visit tuftsbikes.com for more information. If you own a bike, don’t forget to register it with the Tufts University Police Department.

MBTA Discounts for Tufts Students and Staff
Discounted MBTA passes are available to students. Order forms can be accessed at us tus.tufts.edu/iris/SS/StudentForms.asp and should be returned to Student Financial Services in Dowling Hall. The deadline to order fall semester passes is August and for spring semester passes is January. Student groups can purchase round-trip MBTA passes valued at $5 for $4 at the Mayer Campus Center Info Booth.

Social Media
Get the inside scoop about sustainability at Tufts.

The MBTA
Don’t Drive. Take the T. The MBTA is a great way to get to and from the Medford campus, as well as downtown Boston and other locations in the greater Boston area. Visit mbta.com for more information. Plan your route through the online MBTA “Trip Planner” or use mobile apps such as OpenMBTA or NextBus.

Tufts Bikes
Bus to Tufts
The following buses stop at Tufts: #80, #88, #93, #96

Subway to Tufts
To access the campus, take the Red Line to Davis Square. The campus is a quick 15-minute walk from the T stop or accessible by shuttle.

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All buses stop at: College Ave & Powder House Sq College Ave & Professors Row College Ave & Boston Ave Boston Ave & Tufts Garage (Dowling Hall) Boston Ave & Fairmont St Boston Ave & Winthrop St

About the Office of Sustainability
What We Do
The Office of Sustainability acts as a resource, catalyst and advocate for environmental sustainability at Tufts and often serves as a bridge between ideas and their practical implementation. We run several programs to promote sustainable behavior on campus, including the Eco-Representatives program for students and Eco-Ambassador program for staff and faculty.

Where to Find Us
The Office of Sustainability is located in the rear entrance of Miller Hall (210 Packard Avenue) along with the Tufts Institute of the Environment (TIE) and the Tufts Environmental Studies Program. Stop by to say hello, TerraCycle your energy bar wrappers, exchange your lightbulb for a more energy-efficient version, or drop off your compost. Learn more at sustainability.tufts.edu, read our blog at sustainability.tufts.edu, or email us at sustainabilityoffice@tufts.edu.

Social Media
Get the inside scoop about sustainability at Tufts.

Tufts Gets Green
Printed on 100% post-consumer waste recycled paper. Please recycle.
SuStainability hiStory at tuftS

Tufts University has long been a pioneer in campus sustainability. In 1990, Tufts developed the first university environmental policy and launched the international Talloires Declaration, now endorsed by over 472 university leaders. Tufts also committed to, and achieved, a 7% reduction in greenhouse gas emissions below 1990 levels by 2012, in accordance with the Kyoto Protocol.

When President Tony Monaco took office in August 2011, he identified sustainability as one of the key strategic priorities of his administration and formed the Campus Sustainability Council, which he chairs. The Council released a final report of recommendations in May 2013, renewing Tufts' commitments to environmental sustainability and setting new goals in the areas of waste, water, energy, and greenhouse gas emissions. Annual progress reports are released every spring at go.tufts.edu/sustainabilityprogress.