Sustainable Dining

Greening Tufts one bite at a time

Buy Local. Pick local grocers committed to supporting local farmers and sustainable ingredients, such as Whole Foods (Medford, Cambridge & Boston), Pemberton Farms (Somerville, Harvest Co-op (Cambridge), and Boston Organics (home delivery)).

Sign up for a farm share. The Office of Sustainability (Miller Hall) in Medford and the Jaharis Building in Boston are drop-off locations for produce grown by local farms through Community Supported Agriculture (CSA) programs. Look out for shares delivered to the Tufts community, which follow the academic calendar, at go.tufts.edu/CSA.

Shop at farmers’ markets. There are a number of farmers’ markets near Tufts’ campuses.

Tufa Dining holds a farmers’ market on Wednesdays from 11:30am-1:30pm in September and October on the Lower Patio of the Mayer Campus Center.

Commuter Benefits

For Everyone

NullRide: Whenever you avoid using a car - whether you walk, bike, carpool, vanpool, take the subway, train, bus, ferry, or even work a compressed work week - you can earn points that you can later redeem for discounts or freebies at local and online establishments. NullRide also offers a ride matching program that helps commuters quickly and securely find carpool partners. Learn more at nullride.com.

For Students

SafeRide: The Tufts University Police Department is pleased to offer a redesigned safety service called SafeRide, offered for your personal safety. The service is provided seven days a week, from sunset to sunrise, primarily using a van and/or officers on foot. To access the SafeRide service call 617-627-3111 or 711 from any on campus phone. You can also use any of the blue light phones throughout campus.

For Employees

Emergency Ride Home: MassRIDES provides an emergency ride home service — if you carpool, bike, walk, or use public transit to get to work, register online at commute.com/sign_up. If an emergency arises, you are guaranteed a ride home for free (limit: 4 rides/year). Learn more at commute.com.

Priority Carpool & Vanpool Parking: Carpool parking permits are available for employees who want to split the cost of a parking permit on the Tufts Medford campus with their co-workers. Each carpool hangtag allows parking in priority carpool spaces in Dowing and around campus. Each hangtag comes with a limited number of day passes for those days when members are not able to carpool. More information is available at publicsafety.tufts.edu/adminsvc/parking-permits-for-carpoolers.

Car and Bike Share Programs

Zipcar

Check out go.tufts/greentravel for all the latest sustainable transportation information.

Zipcar is a car-sharing service that offers 24/7 access to vehicles parked right here on campus. Tufts students aged 18+ can join Zipcar for $15, employees for $35. Visit zipcar.com to sign up. Note: proof of car insurance and a parent’s signature are required for students 18-20 years old reserving Zipcars for personal use.

Turo

Turo is a neighbor-to-neighbor car-sharing company that connects people who need cars with vehicle owners whose rides would otherwise be sitting in their garages. Learn more at turo.com. Travellers must be at least 21 years of age to be eligible for Turo membership.

Tufts Bikes

Tufts Bikes is a student-run bike share program. Tufts Bikes operates a bike workshop, holds safety and urban riding classes, and organizes group rides. Bikes, helmets and locks can be checked out from Tisch Library for FREE. Visit tufts.bikes.com for more information. If you own a bike, don’t forget to register it with the Tufts University Police Department.

Hubway

Metro Boston’s bike sharing system has stations in Boston, Cambridge, Somerville, and Brookline – and one right on campus (seasonal) at the corner of Packard Ave. and Powderhouse Blvd. Hubway offers annual, monthly, 3-day and 24-hour memberships. Rides less than 30 minutes are free for members. Visit hubwaymba.com for more information.

Campus Shuttles

Davis Square Shuttle

The Davis Square Shuttle runs between the Tufts campus and Davis Square. Visit tufts.doublemap.com/map for live tracking information.

Shuttle Stops

• Davis Square (in front of JP Licks)
• TAI (169 Holland St)
• Mayer Campus Center (lower patio)
• Wren Hall
• Olin Center

The MBTA

Don’t Drive. Take the T. The MBTA is a great way to get to and from the Medford campus, as well as downtown Boston and other locations in the greater Boston area. Visit mbta.com for more information. Plan your route through the online MBTA “Trip Planner” or use mobile apps such as OpenMBTA or NextBus.

Subway to Tufts

To access the campus, take the Red Line to Davis Square. The campus is a quick 15-minute walk from the T stop or accessible by shuttle.

Bus to Tufts

The following buses stop at Tufts:

#80 Lederle Station
#94 Medford Square to Davis Square via West Medford
#96 Medford Square to Harvard Square via Porter & Davis Square

MBTA Discounts for Tufts Students and Staff

Discounted MBTA passes are available to students. Order forms can be accessed at us.tufts.edu/studentlife/MBTA/MBTAStudentforms.pdf and should be returned to Student Financial Services in Dowing Hall. The deadline to order fall semester passes is August and for spring semester passes is January. Student groups can purchase round-trip MBTA passes valued at $5 for $4 at the Mayer Campus Center Info Booth.

Faculty and Staff: Faculty and staff can use pre-tax funds to pay for transit passes and tickets. Visit hr.tufts.edu and click on “Commuter Benefit Program” under “Benefits” for more information.

Waste: What Goes Where?

For more information on recycling visit go.tufts/gerecycler.

Mixed Paper & Cardboard Bins

• Cardboard
• Magazines & newspapers
• Envelopes
• Books
• Notebooks & folders

Glass, Metal & Plastic Bins

Please rinse very dirty containers.

• Rigid plastics #1–7 (no bioplastics)
• Metal cans, empty aerosol cans
• Glass bottles & jars
• Coffee cup lids
• Aseptic boxes like juice & milk cartons
• Aluminum cans, foil, trays

Do NOT recycle

Greasy pizza boxes, styrofoam, dirty coffee cups, plastic bags/plastic, bioplastics, wax-coated paper products

Public Compost Bins

• Fruit & vegetable scraps
• Eggsshells
• Coffee grounds & tea bags
• Unbleached napkins & paper towels
• Paper plates & cups without plastic coating or chlorine bleach

Do NOT compost in the public bins

Meat, dairy, oil or grease-soaked items, bioplastics

CARROT

ABOUT THE OFFICE OF SUSTAINABILITY

We Do What We Can

The Office of Sustainability acts as a resource, catalyst and advocate for environmental sustainability at Tufts and often serves as a bridge between ideas and their practical implementation. We run several programs to promote sustainable behavior on campus, including the Eco-Representatives program for students and Eco-Ambassador program for staff and faculty.

Where to Find Us

The Office of Sustainability is located in the rear entrance of Miller Hall (210 Packard Avenue) along with the Tufts Institute of the Environment (TIE) and the Tufts Environmental Studies Program. Stop by to say hello, TerraCycle your energy bar wrappers, exchange your lightbulb for a more energy-efficient version, or drop off your compost. Learn more at sustainability.tufts.edu, read our blog at blogs.tufts.edu/greentufts, or email us at sustainabilityoffice@tufts.edu.

Social Media

Get the inside scoop about sustainability at Tufts.

Tufts Gets Green

#greentufts

Tufts Prints Green

Printed on 100% post-consumer waste recycled paper. Please recycle.
Sustainability History at Tufts

Tufts University has long been a pioneer in campus sustainability. In 1990, Tufts developed the first university environmental policy and launched the international Talloires Declaration, now endorsed by over 472 university leaders. Tufts also committed to, and achieved, a 7% reduction in greenhouse gas emissions below 1990 levels by 2012, in accordance with the Kyoto Protocol.

When President Tony Monaco took office in August 2011, he identified sustainability as one of the key strategic priorities of his administration and formed the Campus Sustainability Council, which he chairs. The Council released a final report of recommendations in May 2013, renewing Tufts’ commitments to environmental sustainability and setting new goals in the areas of waste, water, energy, and greenhouse gas emissions. Annual progress reports are released every spring at go.tufts.edu/sustainabilityprogress.

Walking to Davis?
For a shortcut, take Leonard St., cross Broadway, and take Wallace St. to the end.

NEW! Memorial Hall Bike Groove
Roll your bike in the groove as you walk up the steps.

NEW! Low Emission Fuel-Efficient Vehicle Parking Spaces