

SUSTAINABLE DINING

Greening Tufts one bite at a time

Buy Local. Pick local grocers committed to supporting local farmers and sustainable ingredients, such as Whole Foods (Medford, Cambridge & Boston), Pemberton Farms (Somerville), Harvest Co-op (Cambridge), and Boston Organics (home delivery).

Sign up for a farm share. The Office of Sustainability (Miller Hall) in Medford and the Jaharis Building in Boston are drop-off locations for produce grown by local farms through Community Supported Agriculture (CSA) programs. Look out for shares delivered to the Tufts community, which follow the academic calendar, at go.tufts.edu/CSA.

Shop at farmers' markets. There are a number of farmers' markets close to Tufts. They are generally open from Memorial Day through Thanksgiving. Visit go.tufts.edu/farmersmarkets for information about farmers' markets near Tufts' campuses.



Tufts Dining holds a farmers' market on Wednesdays from 11:30am-1:30pm in September and October on the Lower Patio of the Mayer Campus Center.



COMMUTER BENEFITS

For Everyone

NuRide: Whenever you avoid using a car - whether you walk, bike, telecommute, carpool, vanpool, take the subway, train, bus, ferry, or even work a compressed work week - you can earn points that you can later redeem for discounts or freebies at local and online establishments. NuRide also offers a ride matching program that helps commuters quickly and securely find carpool partners. Learn more at nuride.com.

For Students

SafeRide: The Tufts University Police Department is pleased to offer a redesigned safety service called SafeRide, offered for your personal safety. The service is provided seven days a week, from sunset to sunrise, primarily using a van and/or officers on foot. To access the SafeRide service call 617-627-3030 or x 73030 from any on campus phone. You can also use any of the blue light phones throughout campus.

For Employees

Emergency Ride Home: MassRIDES provides an emergency ride home service — if you carpool, bike, walk, or use public transit to get to work, register online at commute.com/sign_up. If an emergency arises, you are guaranteed a ride home for free (limit: 4 rides/year). Learn more at commute.com.

Priority Carpool & Vanpool Parking: Carpool parking permits are available for employees who want to split the cost of a parking permit on the Tufts Medford campus with their co-workers. Each carpool hangtag allows parking in priority carpool spaces in Dowling and around campus. Each hangtag comes with a limited number of day passes for those days when members are not able to carpool. More information is available at publicsafety.tufts.edu/adminsvc/parking-permits-for-carpoolers.

CAMPUS SHUTTLES

Davis Square Shuttle

The Davis Square Shuttle runs between the Tufts campus and Davis Square. Visit tufts.doublemap.com/map for live tracking information.

Where to catch the shuttle in Davis Square



Shuttle Stops

- Davis Square (in front of JP Licks)
- TAB (169 Holland St.)
- Mayer Campus Center (lower patio)
- Wren Hall
- Olin Center

Tufts also operates a shuttle service to the New England Conservatory (NEC) & the School of the Museum of Fine Arts (SMFA), as well as a Boston Avenue Shuttle that stops at SciTech (4 Colby), the Collaborative Learning & Innovation Complex (574 Boston Ave.), Dowling Hall, and 200 Boston Ave. publicsafety.tufts.edu/adminsvc/shuttle-services-2



WASTE: WHAT GOES WHERE?

For more information on recycling visit go.tufts.edu/recyclingprimer



Mixed Paper & Cardboard Bins

- Cardboard
- Beverage cartons
- Magazines & newspapers
- Boxboard (e.g. cereal & cracker boxes)
- Envelopes
- White, colored & glossy paper
- Books
- Clean, empty paper cups
- Notebooks & folders

Glass, Metal & Plastic Bins

- Please rinse very dirty containers.
- Rigid plastics #1-7 (no bioplastics)
 - Metal cans, empty aerosol cans
 - Glass bottles & jars
 - Coffee cup lids
 - Aseptic boxes like juice & milk cartons
 - Aluminum cans, foil, trays

Do NOT recycle

Greasy pizza boxes, styrofoam, dirty coffee cups, plastic bags/film, bioplastics, wax-coated paper products

Public Compost Bins

- Fruit & vegetable scraps
- Eggshells
- Coffee grounds & tea bags
- Unbleached napkins & paper towels
- Paper plates & cups without plastic coating or chlorine bleach



Do NOT compost in the public bins

Meat, dairy, oil or grease-soaked items, bioplastics

CAR AND BIKE SHARE PROGRAMS

Check out go.tufts.edu/greentravel for all the latest sustainable transportation information.

Zipcar

Zipcar is a car-sharing service that offers 24/7 access to vehicles parked right here on campus. Tufts students aged 18+ can join Zipcar for \$15, employees for \$35. Visit zipcar.com/tufts to sign up. Note: proof of car insurance and a parent's signature are required for students 18-20 years old reserving Zipcars for personal use.



Turo

Turo is a neighbor-to-neighbor car-sharing company that connects people who need cars with vehicle owners whose rides would otherwise be sitting unused. Learn more at Turo.com. Travelers must be at least 21 years of age to be eligible for Turo membership.

Tufts Bikes

Tufts Bikes is a student-run bike share program. Tufts Bikes operates a bike workshop, holds safety and urban riding classes, and organizes group rides. Bikes, helmets and locks can be checked out from Tisch Library for FREE. Visit tuftsbikes.com for more information. **If you own a bike, don't forget to register it with the Tufts University Police Department.**



Hubway

Metro Boston's bike sharing system has stations in Boston, Cambridge, Somerville, and Brookline — and one right on campus (seasonal) at the corner of Packard Ave. and Powderhouse Blvd. Hubway offers annual, monthly, 3-day and 24-hour memberships. Rides less than 30 minutes are free for members. Visit thehubway.com for more information.



THE MBTA

Don't Drive. Take the T.

The MBTA is a great way to get to and from the Medford campus, as well as downtown Boston and other locations in the greater Boston area. Visit mbta.com for more information. Plan your route through the online MBTA "Trip Planner" or use mobile apps such as OpenMBTA or NextBus.



Subway to Tufts

To access the campus, take the Red Line to Davis Square. The campus is a quick 15-minute walk from the T stop or accessible by shuttle.

Bus to Tufts

The following buses stop at Tufts:

- #80 Lechmere Station
- #94 Medford Square to Davis Square via West Medford
- #96 Medford Square to Harvard Square via Porter & Davis Square

All buses stop at:

- College Ave & Powder House Sq
- College Ave & Professors Row
- College Ave & Boston Ave
- Boston Ave & Tufts Garage (Dowling Hall)
- Boston Ave & Fairmount St
- Boston Ave & Winthrop St

MBTA Discounts for Tufts Students and Staff

Students: Discounted MBTA passes are available to students. Order forms can be accessed at uss.tufts.edu/registrar/SS_StudentForms.asp and should be returned to Student Financial Services in Dowling Hall. The deadline to order fall semester passes is August and for spring semester passes is January. Student groups can purchase round-trip MBTA passes valued at \$5 for \$4 at the Mayer Campus Center Info Booth.

Faculty and Staff: Faculty and staff can use pre-tax funds to pay for transit passes and tickets. Visit hr.tufts.edu and click on "Commuter Benefit Program" under "Benefits" for more information.



ABOUT THE OFFICE OF SUSTAINABILITY

What We Do

The Office of Sustainability acts as a resource, catalyst and advocate for environmental sustainability at Tufts and often serves as a bridge between ideas and their practical implementation. We run several programs to promote sustainable behavior on campus, including the **Eco-Representatives program** for students and **Eco-Ambassador program** for staff and faculty.

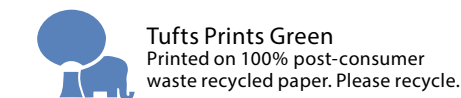


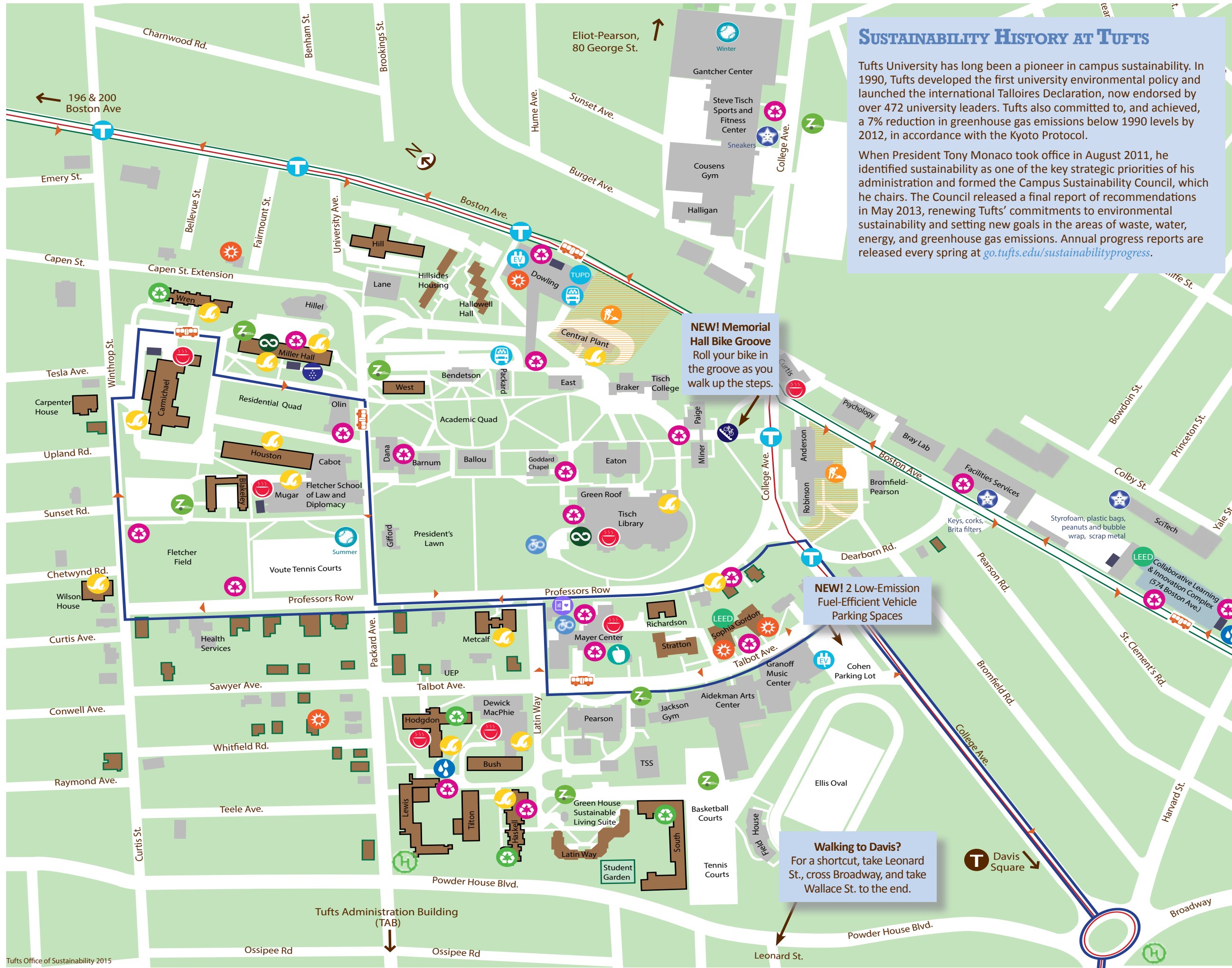
Where to Find Us

The Office of Sustainability is located in the rear entrance of Miller Hall (210 Packard Avenue) along with the Tufts Institute of the Environment (TIE) and the Tufts Environmental Studies Program. Stop by to say hello, TerraCycle your energy bar wrappers, exchange your lightbulb for a more energy-efficient version, or drop off your compost. Learn more at sustainability.tufts.edu, read our blog at sites.tufts.edu/tuftsgetsgreen, or email us at sustainabilityoffice@tufts.edu.

Social Media

Get the inside scoop about sustainability at Tufts.





SUSTAINABILITY HISTORY AT TUFTS

Tufts University has long been a pioneer in campus sustainability. In 1990, Tufts developed the first university environmental policy and launched the international Talloires Declaration, now endorsed by over 472 university leaders. Tufts also committed to, and achieved, a 7% reduction in greenhouse gas emissions below 1990 levels by 2012, in accordance with the Kyoto Protocol.

When President Tony Monaco took office in August 2011, he identified sustainability as one of the key strategic priorities of his administration and formed the Campus Sustainability Council, which he chairs. The Council released a final report of recommendations in May 2013, renewing Tufts' commitments to environmental sustainability and setting new goals in the areas of waste, water, energy, and greenhouse gas emissions. Annual progress reports are released every spring at go.tufts.edu/sustainabilityprogress.

Navigate the Medford campus in the greenest way possible.

LEGEND

- Outdoor recycling station
- Compost drop-off location
- TerraCycle drop off site (foil-lined energy bar wrappers)
- Residence hall freecycle room
- Specialty recycling
- Solar panels
- Tennis ball recycling
- Student residence
- Student residence with Eco-Rep
- Student residence with Eco-Rep Advisor
- Fair Trade coffee available
- Tufts Bikes
- Covered bike rack
- Hubway bike station
- ZipCar
- Carpool parking space
- Electric vehicle charging station
- Davis Square shuttle stop
- Boston Ave. shuttle stop
- MBTA bus stop
- Construction site - future green building coming soon!
- USGBC LEED-certified building
- Rain Garden
- Bike Groove
- Permeable pavement
- Bookstore
- Tufts Dining farmers' market

NEW! Memorial Hall Bike Groove
Roll your bike in the groove as you walk up the steps.

NEW! 2 Low-Emission Fuel-Efficient Vehicle Parking Spaces

Walking to Davis?
For a shortcut, take Leonard St., cross Broadway, and take Wallace St. to the end.