

## Community Supported Agriculture (CSA)

is a partnership between conscious consumers seeking high quality, ecologically produced food and the farmers who grow it. The CSA model was developed in Japan and Europe and has rapidly gained popularity in the U.S. CSA members pay at the beginning of each season in exchange for a weekly share of the farm produce. CSA members assume some of the risks and rewards of farming in New England, recognizing that their shares will reflect seasonal variations in weather and other factors. Participating in a CSA is a way for consumers to establish a relationship with the source of their food, eat local produce fresh from the farm, support the farmers in their community, and support an alternative to industrial agriculture.

## New Entry Sustainable Farming Project

is a non-profit that provides beginning farmers with business training, access to land and farm equipment, organic production training and materials, marketing assistance and continued guidance to start their farm businesses. The broader goals of New Entry are to support the vitality and sustainability of the region's agriculture, to build long term economic self-reliance and food security among participants and their communities, and to expand access to locally grown, culturally appropriate foods in underserved areas.

For more information about New Entry or the World PEAS CSA visit  
[www.nesfp.org](http://www.nesfp.org)

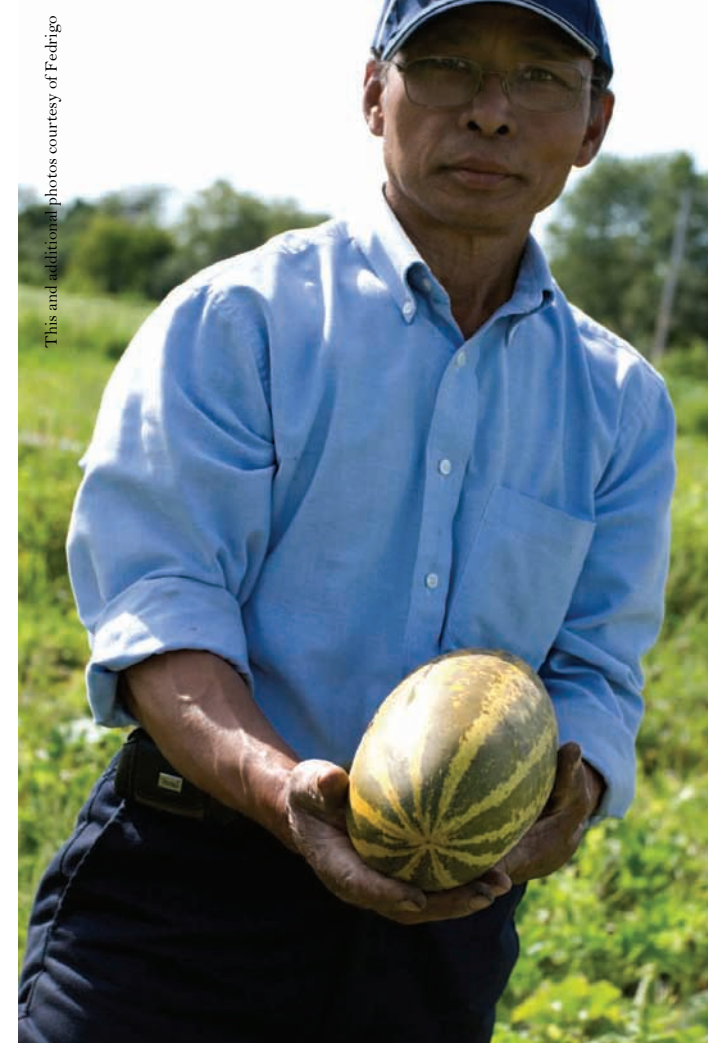
contact us at 978-654-6745 or  
 Email: [nesfp@tufts.edu](mailto:nesfp@tufts.edu)



*Not far from your kitchen, we are growing...*

Spring	Summer	Autumn
	Amaranth	
	Baby Salad Greens & Arugula	
	Baby Bok Choy, Tatsoi	
	Basil	
	Green Beans	
	Long Beans	
	Beets	
Broccoli		Broccoli
	Cabbage	
	Carrots	
	Swiss Chard	
	Cilantro	
	Kale, Broccoli Raab, Collard & Mustard Greens	
	Sweet Corn	
	Cucumbers	
	Eggplant (Italian & Asian)	
	Garlic	
	Garlic Chives	
Garlic Scapes		
	Green Onions	
	Storage Onions	
	Lettuce	
Pea Tendrils		Pea Tendrils
Peas		
	Peppers	
	New (spring), Russet & Fingerling Potatoes	
		Sweet Potatoes
Radishes		Radishes
Spinach		Spinach
		Winter Squash
	Zucchini & assorted Summer Squash	
	Sweet Potato Greens	
	Husk Cherries & Tomatillos	
	Cherry Tomatoes	
	Tomatoes	
	Turnips	
	Water Spinach	
Strawberries, Blueberries & Raspberries		
Peaches, Pears & Apples		

The contents and volume of shares will change each week, reflecting the change of seasons. Early shares are smaller than those that follow.



*Share in the harvest...*



**2009 World PEAS**

*Community Supported Agriculture*



*A World PEAS CSA share is...*

**Healthy for You and the Environment.**

Our produce is grown locally in Eastern Massachusetts and harvested fresh, within hours of pick-up. World PEAS (People Enhancing Agricultural Sustainability) farmers use organic and sustainable growing practices. We source additional fruits and vegetables from local farms using certified organic practices and farms in MA that use integrated pest management.

**Convenient.** Along with your vegetables each week, your membership in the World PEAS CSA includes a newsletter with storage advice and recipes for that week's vegetables. Shares may be conveniently picked up in several locations in the greater Lowell and Boston areas. If you are interested in having shares delivered to your town, inquire about coordinating a cluster where you live or work.

**Community Focused.** The World PEAS Coop is a network of small-scale and beginning farmers from North America, Africa, Asia, Eastern Europe and the Caribbean that manage small farms near Lowell. Many of these farmers are economically and socially disadvantaged. By buying a farm share with the World PEAS CSA, you will get fresh, local and healthy produce, while supporting the next generation of farmers.

The **Vegetable Share** combines a selection of over 70 locally-grown traditional and ethnic vegetables to offer a farm share that is as diverse as the farmers that produce it. Each share includes enough vegetables each week to feed a family of four omnivores or two vegetarians.

*18 Distributions (\$31 each), June to October \$550*

The **Vegetable Share with Fruit** combines the Vegetable share above with regular distributions of seasonal, locally grown berries, melons, tree fruit and more.

*18 Distributions (\$39 each), June to October \$710*

A separate **Winter Share** extends the season through December with monthly distributions of cold hardy vegetables and storage crops.

*3 Distributions (\$25 each), October to December \$ 75*

**Shareholder Membership** helps support new farmer training and production assistance, while covering CSA operational costs including newsletter publications, share-packing and administration. Members receive a vegetable reference guide, free admission to New Entry sponsored field trainings and events, as well as access to the pick-your-own garden.

*Membership Fee \$ 50*



To purchase a share of the 2009 harvest with the World PEAS CSA, please complete the following form and return with payment check to the address below. Call for availability after April 15. Make checks payable to "World PEAS Coop."

**NESFP/World PEAS CSA**  
**9 Central St., Suite 402**  
**Lowell, MA, 01852**

Name: \_\_\_\_\_

Street: \_\_\_\_\_ Town: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Email: \_\_\_\_\_

Share partner (if applicable): \_\_\_\_\_

Street: \_\_\_\_\_ Town: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Email: \_\_\_\_\_

**Please select your desired pickup location:**

- Farm site** at Richardson's Dairy, 1471 Bridge St., Dracut
- C'est** (www.cestlowell.com), 177 Merrimack St., Lowell
- Market Street Market**, 95 Market St., Lowell
- Andover**, 3 Myles Circle
- West Medford**, Tufts Campus
- East Boston**, 151 Brooks St.
- Chinatown**, Tufts Campus
- Other:** \_\_\_\_\_

If you are interested in picking up your share in **Lexington, Winchester, Concord, Waltham, Chelmsford, Brookline, Fenway, near South Station** or another location in the greater Lowell or Boston areas please list them above.

\*delivery to all locations is contingent on sufficient demand

**Annual World PEAS membership dues..\$ 50**  
*Required to participate in CSA. We ask that households that split a share but pay separately each become World PEAS coop members.*

**Vegetable Share**.....\$550

**Vegetable Share with Fruit** .....\$710

**Winter Share**.....\$ 75

**Help support a share for a low-income family**  
 (Tax deductible. Any amount is welcome.) \$ \_\_\_\_\_

**'08 World PEAS CSA members take \$25 off**

**Amount Enclosed:** \$ \_\_\_\_\_